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# Macalester Today Fall 2006

Macalester College

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# Macalester Today

A woman with short blonde hair, wearing a dark purple velour jumpsuit, is sitting on a light-colored wooden floor. She is surrounded by numerous large exercise balls. Most of the balls are blue, but one prominent ball to her left is red. She is smiling and looking towards the camera. The background is filled with the blue balls, creating a sense of being in a gym or wellness center.

Fall 2006

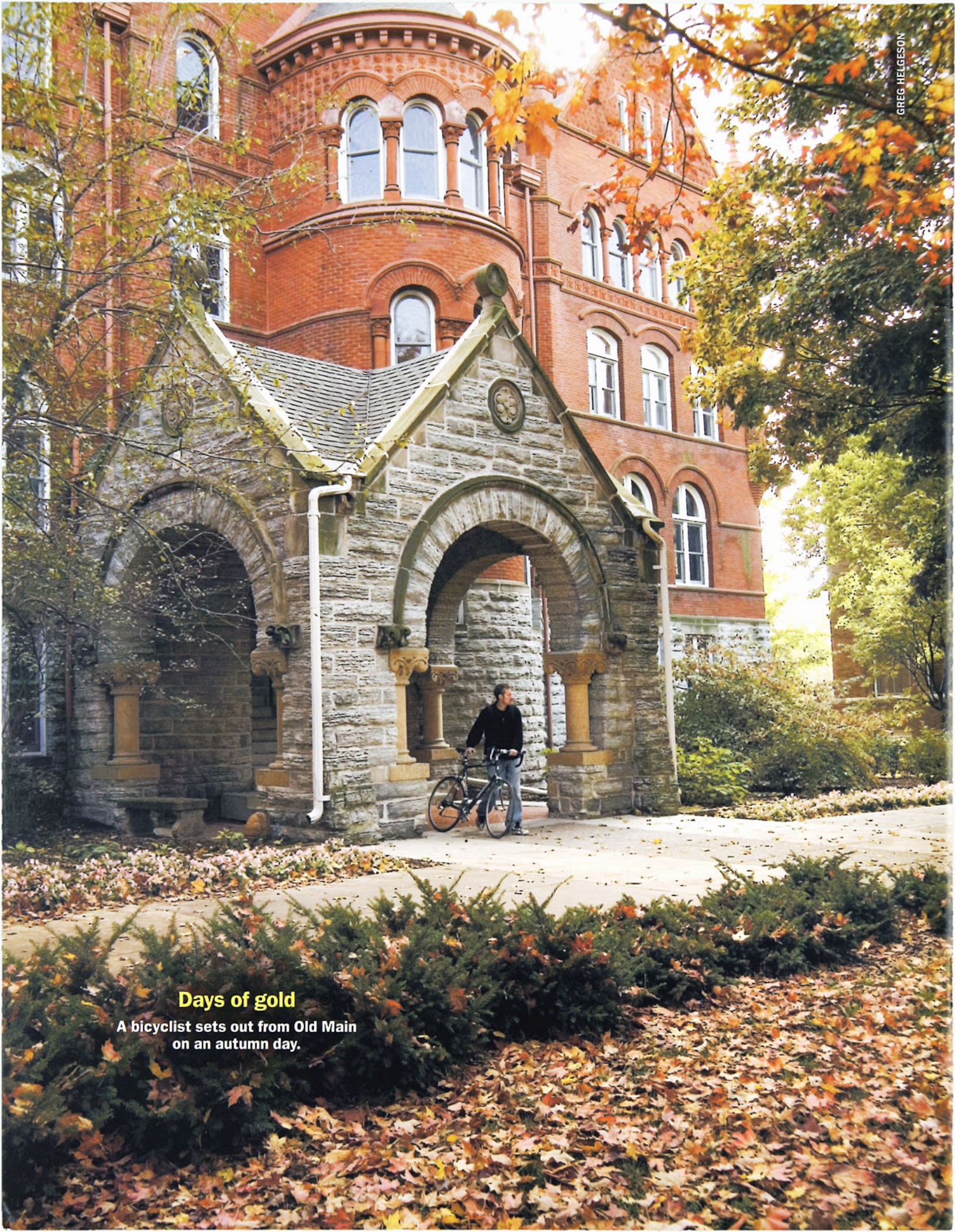
## Health and Wellness

Gayle Winegar '75,  
founder of the SweatShop  
Health Club



## Days of gold

A bicyclist sets out from Old Main  
on an autumn day.





## Features

### 16 Four Lives

We asked four students to talk about their lives before and at Macalester—what they learned, how they've changed, what they aspire to do

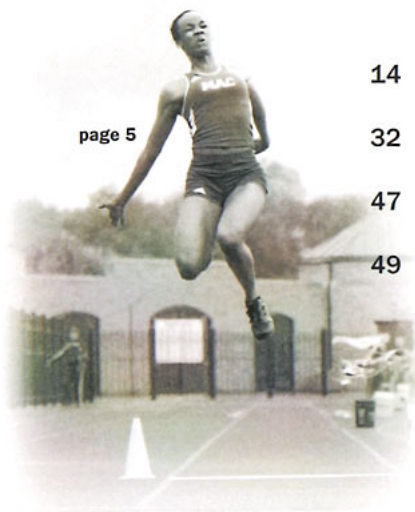


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Chris Farley '93 and Omar Ansari '92 are quenching cravings one beer—or beer kit—at a time

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Macalester's extraordinary economist retires after 35 years of teaching students from around the world



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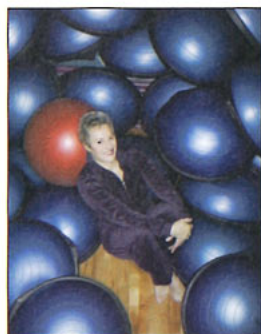


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#### From Liberal Arts to Healing Arts

Kate Havelin '83 spoke with five alumni who have made careers out of putting mind and body together. Steve Niedorf '73 took the cover photo of Gayle Winegar '75 at the SweatShop Health Club. She is surrounded by BOSU (Both Sides Up), which are used as tools for balance and agility training.





## Macalester Today

Fall 2006

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### Camel correction

I NOTICE that on page 8 of the Summer issue there is a photograph of Joseph Patton '07 sitting astride a shaggy, four-legged beast. The caption indicates that the creature is a yak; however, I think closer inspection will reveal that the animal is in fact a Bactrian camel.

Asa Tomash '95  
Portland, Maine



Joseph Patton '07  
aboard a Bactrian  
camel—not a yak—  
in Mongolia.

THE SUMMER issue, as usual, is a fine piece of work. It really keeps us up on things.

I do not wish to be thought of as a know-it-all, but with a liberal arts degree there is no end of possibilities for breadth of knowledge and interest, even for an old Econ major.

To wit: the photo on page 8 shows Joseph Patton '07 mounted on a Bactrian camel, the two-humped species found in Asia, not a yak. *Camelus bactrianus* is distinct from the Arabian camel or dromedary, *Camelus dromedarius*, which has only one hump, and the yak, *Bos mutus*, which is a member of the cattle or bovine clan and found in high altitudes in Tibet.

May I add that the letters and articles warmly remembering my professors and fellow students which appear every issue reso-

nate with me in that Mac taught me that all learning pursuits are interrelated and it is the job of the educated person to make these connections, to interpret and acknowledge and use these relationships wherever we are and with whatever we do.

**Singing for  
and being with  
Dr. Warland,  
as we still feel we  
need to call him,  
is at the summit  
of choral music  
in America today.**

Dale Warland returned to Macalester in June to conduct the Reunion Concert Choir. The eminent conductor and composer served as a professor of music and director of choral activities at Macalester from 1967 to 1985. He led the renowned Dale Warland Singers for 31 years.

### Letters policy

**WE INVITE LETTERS** of 300 words or fewer.

Letters may be edited for clarity, style and space and will be published based on their relevance to issues discussed in *Macalester Today*. You can send letters by e-mail to: [mactoday@macalester.edu](mailto:mactoday@macalester.edu). Or: Letters to the Editor, *Macalester Today*, College Relations, Macalester College, 1600 Grand Ave., St. Paul, MN 55105-1899. ●

Katha [Ukena Chamberlain '69] and I have just returned from Reunion Weekend where we celebrated Dale Warland's years as inventor and director of the Concert Choir. Our reunion, which consisted of rehearsing and performing, was musically satisfying beyond expectation, and seeing old friends from other classes was absolutely wonderful. And of course singing for and being with Dr. Warland, as we still feel we need to call him, is at the summit of choral music in America today. We are lucky people.

John A. Chamberlain '69  
Le Sueur, Minn.





## Jim Smail

THE LETTER in the Summer *Macalester Today* evoked great memories of Dr. Smail for me. I was in his classes very soon after he arrived at Macalester. His embryology class (the discipline is now called developmental biology) had six students; we spent much of our time gathered in the dark around the Trisimplex (a low-power microscope that projects the image of the slide on a wall or desk). He opened wonderful new vistas for me by inviting me to join him in his research on the hatching muscle in chick embryos.

It is a direct result of his influence (and help in choosing a graduate school) that I have been successful as a principal investigator in developmental biology, with funding from the National Institutes of Health for 26 years. Dr. Smail also did a wicked imitation of Tom Lehrer. He was the epitome of Macalester College for me.

Trish Olds-Clarke '65  
North East, Md.

## The Rock

I ENJOYED Dwight Chamberlain's story about Macalester's painted rock [Summer issue]. There must have been an epidemic of rock art at that time. In the spring of '59, I was a freshman at De Pauw University. The Phi Delta Thetas had a small boulder on their lawn, painted black with their Greek letters in gold, as I recall. The other fraternities' pledges took turns repainting it in various hues. My Delta Upsilon group went one better (or worse) by tarring and feathering it.

Dick Geier, DePauw '62,  
father of Heidi Geier, Mac '91  
Rochester, Minn.

## Globalization

THE SUMMER issue of *Mac Today* included an article about Thomas Friedman's inaugural address for the newly created Institute for Global Citizenship.



**Dr. Smail opened wonderful new vistas for me by inviting me to join him in his research.**

Friedman is a well-known advocate and booster for globalization, which he claims is about individual empowerment. He gives as an example that more people have been brought out of poverty in India in the last 20 years than in all of previous history. But his very example betrays the weakness and biases of his claims for globalization.

First, when there is a developing middle class in a country that has previously had only the poor (and a relatively small wealthy elite), unless there is redistribution of income, a widening income gap develops between this new middle class and the still vast numbers of poor people. Then the economy, which had previously been geared towards this vast number of poor, starts catering to the new middle class, leaving the poor even less able to meet their needs than before.

Second, there is the predatory nature of the wealthy countries and big players in this new global competition. As reported by Alexander Cockburn in *The Nation*, July 17/24, 2006, U.S. subsidies to its cotton-growing industry allow the U.S. to sell cotton in India at a price that undercuts poor Indian cotton farmers. As a result, there is a rising number of suicides among ruined cotton farmers in India, with 550 such deaths reported between 2005 and 2006. As many as 325 farmers have killed themselves since January.

Against Mr. Friedman's motto, this would seem to be a case of "doing wrong for globalization reasons."

Kenneth Lux, Macalester parent  
Rockland, Maine

## Bob Amerson '50

IT SADDENS me to hear of the death of Bob Amerson '50 [In Memoriam, Summer issue].

Bob had concluded a distinguished Foreign Service career. Most important of all, he was a great and devoted internationalist and cosmopolitan. Bob was the first Macalester alumnus who showed a consistent interest in understanding and knowing China. We had been in close contact first through sending letters and then via e-mails for more than two decades. We frequently exchanged views on contemporary international affairs, including such sensitive issues as the Taiwan problem. In April and May of 2005, Bob earnestly hoped that I

could attend the 1950 class reunion held in June. Realizing that I could not make it, he suggested that I make a videotape recording speech for the reunion. I happily did so.

The death of Bob Amerson is a tremendous loss to our Macalester alumni. I hereby express my heartfelt condolences to his family.

Guangnan Tu '50  
Beijing

I WAS very sorry to hear of Robert C. Amerson's death. Apart from his long and distinguished career in the Foreign Service, Bob was a great friend to Macalester. Nancy Robb Amerson '49 and he welcomed alumni from the Class of 1919 onward into their home in Boston in October 1981. Both raised money for the Campaign for the '80s and re-established a community now known as the Boston Club of Macalester.

When I moved to Boston in 1979, the Amersons were the first Macalester alumni I met. Their kindness and warmth in that reserved city led to friendships across many generations of alumni. Bob and Nancy's wide-ranging interests and understanding of international issues made them delightful company—and ideal representatives of America abroad.

Anne Harbour '64  
London

## Thomas E. Hill

I LEARNED recently that my old philosophy professor, Dr. Thomas E. Hill, was on his deathbed [In Memoriam, page 48]. I studied under him for only two years, but those few days left a deep, lasting mark on my thoughts and feelings, even though I came to disagree strongly with some of his beliefs. It was the man and his manner that finds me still grateful, respectful, even envious of a life so well lived.

Ed Nauss '49  
Morgan Hill, Calif.



**Bob was a great and devoted internationalist and cosmopolitan.**



## Minneapolis' new global village

*The Midtown Global Market draws upon the foods, arts and crafts of many cultures. Three Mac alumni lent their skills to the \$17 million project.*

**I**F I CAN HELP build the business of someone else, why not do it for myself?" thought **Faduma Hashi**, founder and owner of the new Starlight Café in the Midtown Global Market.

A key part of the redevelopment of East Lake Street in Minneapolis, MGM is an internationally themed public market featuring fresh and prepared

foods, restaurants and arts and crafts. Hashi, a native of Somalia, knew how to make the traditional pastries and Somali foods, but between her and her dream was a knowledge gap—she had to learn how to run a business in Minnesota. That's where a special group of development organizations, including the Neighborhood Development Center and the African Development Center, stepped in.

"They went through the credit [process], the financial plan, helped me design my menu and calculate the money I would need. They even scheduled an appointment with the City of Minneapolis and took us [potential business owners] there to apply for all the necessary licenses," Hashi said.

NDC in St. Paul is the lead developer of MGM, which is part of the \$200 million renovation of the former Sears Building at Lake Street and Chicago Avenue in south Minneapolis. Three Macalester alumni are a part of NDC and have been instrumental in the project's success: **Mihailo (Mike) Temali '72**, executive director; **JoAnna Villone Hicks '96**, real estate development director; and **Rachel Naughton Dolan '93**, senior loan officer.

**'Latino business owners and community residents envisioned a market that would draw on the ethnic diversity and entrepreneurial energy of the Lake Street area.'**



Faduma Hashi, founder and owner of the new Starlight Café in the Midtown Global Market in Minneapolis.

It might have been simpler to lease the ground-floor space to national chain restaurants and markets, but where's the excitement in that? "Latino business owners and community residents envisioned a market that would draw on the ethnic diversity and entrepreneurial energy of the Lake Street area," says Temali. "We [NDC] ended up working with three other local nonprofits to create a dynamic public market that will serve as a neighborhood 'town square,' while

creating over 300 jobs and 60 business ownership opportunities for local residents."

MGM only exists because of a highly complex financing structure involving grants, loans and federal tax incentives. Hicks, who has been quoted in the *New York Times* on using tax credits to revitalize low-income communities, says, "Utilizing New Markets Tax Credits [a federal program targeting low-income areas] is challenging for us as a nonprofit, but

### Midtown Global Market

- \$17 million redevelopment project on East Lake Street in Minneapolis
- part of the \$200 million renovation of the former Sears Building
- founding organizations: Neighborhood Development Center, African Development Center, Latino Economic Development Center, Powderhorn Phillips Cultural Wellness Center
- home to 40 (and growing) owner-operated businesses
- financing included federal programs targeting low-income areas and historic structures as well as more than \$3.5 million of corporate and foundation grants, low-interest loans and a bridge loan from the City of Minneapolis
- sharing the complex: Allina Healthcare (1,600 employees), 300+ apartments and condominiums, a Sheraton Hotel
- <http://midtownglobalmarket.org/>





Pictured in the Midtown Global Market are Mihallo (Mike) Temali '72, executive director of the Neighborhood Development Center; JoAnna Villone Hicks '96, real estate development director; and Rachel Naughton Dolan '94, senior loan officer

Midtown Global Market is an ideal use for the program. It brought in another \$3.5 million in equity that would not otherwise have been invested in an inner-city community."

The public market concept is designed to be a multifaceted asset to the Lake Street community. In addition to being a fun place to eat, meet and enjoy different cultures, MGM provides a neighborhood grocery

source and weekly farmers market, and serves as a small business incubator. Of the initial 40 businesses, all are family-owned and six are startup efforts. Over a third are owned by women and 80 percent are owned by persons of color.

"I review their projects and help them package themselves to be attractive to a bank," says Dolan. "The business owners

come to NDC or me to bounce ideas off, so it's fairly intense, not a one-time deal. Because I get to know them and their families, it's a lot of fun to see the fruits of their labor."

That's not the only Macalester connection. In spring 2006 three Mac seniors from Professor **George Latimer's** Urban Studies Seminar—**Jonathan Rogers**, **Carlos Espinosa** and **Parker Cohen**—interned with MGM, studying the project itself and writing biographies of the tenants to be used on the market's Web site. The cultural backgrounds of those tenants include African American, Asian, Caribbean, East African, European American, Native American, Latin American and Middle Eastern, making for what is, indeed, a global market. ●

CHRISTOPHER MITCHELL

## Three jumps for an All-American

Susan Brown '07 (Kingston, Jamaica) leaped to All-America honors when she placed sixth in the triple jump at the NCAA Division III track and field championships in May. The MIAC champion and school record-holder, Brown is Macalester's first All-America performer in women's track and field since Liz Hajek '02 in the 100-meter high hurdles in 2002 and first in the field events since Janis Raatz '88 won the national javelin title in 1988. She is the first Mac jumper ever to earn All-America honors.





## Global citizens

*Macalester shares a worldview  
with United World Colleges and Shelby Davis*

**T**HIS FALL, Macalester expects to enroll 21 United World College graduates from 19 countries. A total of 233 UWC graduates have matriculated at Macalester since the college began recruiting at UWCs in the early 1990s.

The 12 United World Colleges in as many countries bring together students from all over the world, regardless of their ability to pay. The program offers a two-year international baccalaureate degree, equivalent to the last two years of a demanding high school curriculum in the U.S. Students are selected on merit and live together in an environment designed to foster international understanding, tolerance and peace, making UWC and Macalester natural allies in education.

Through his financial support, Shelby M.C. Davis, founder of Davis Selected Advisors, part of the Davis Funds of Boston, has enabled many students to attend UWCs—and Macalester as well. In June, he made his first visit to campus to meet with some of the United World College students who came to Macalester, as well as

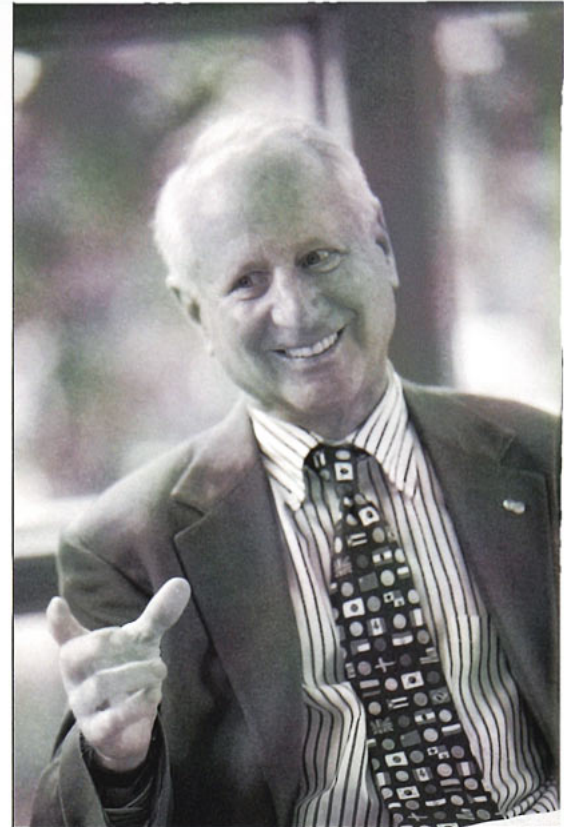
GREG HELGESON



Shelby Davis has enabled many students to attend United World Colleges and Macalester as well. The business leader and philanthropist made his first visit to campus in June to meet with some of the 233 UWC graduates who have come to Macalester since the early 1990s. They include Getiria Onsongo '04, above, originally from Kenya, who earned a degree in math and computer science at Mac and is now a graduate student at the University of Minnesota.

President Brian Rosenberg, Director of International Admissions Jimm Crowder and Vice President for Advancement Tommy Bonner.

In an interview with the UWC Committee of India in 1998, Davis recalled visiting the UWC campus in Montezuma, N.M.,



and being impressed when, in a casual conversation, he discovered that the boys he was talking with were roommates and friends. One was from Israel, the other from Palestine.

"That bridge of understanding hit me hard," Davis recalled. "[I thought], 'This is

## What the college guides are saying about Mac

**T**HE 2007 *Newsweek/Kaplan* "How to Get Into College Guide" has named Macalester one of "America's 25 New Elite 'Ivies'"; the *New York Times* listed Macalester in a special education issue as one of 20 "Hidden Gems...Off the Beaten Path"; and *U.S. News & World Report* ranked Macalester 24th, tied with Mount Holyoke and up one from last year, citing a dramatic improvement in alumni giving for the third year in a row.

The rate of alumni giving moved from 42 to 45 percent, and the national ranking in that category is now 30th, up from 43rd. This

category is based on the average percentage of alumni who gave to their school during 2003-04 and 2004-05.

"Over the last three years, alumni giving has increased from 36 to 45 percent participation rates," President Rosenberg said. "This is easily the largest increase of any college in the

**'We greatly appreciate the stewardship our alumni continue to provide their alma mater and we offer our deepest thanks for this confidence in our work.'**

*U.S. News* top 50. We greatly appreciate the stewardship our alumni continue to provide their alma mater and we offer our deepest thanks for this confidence in our work."

Under the *U.S. News* category of "Economic Diversity," Macalester is ranked 13th in the number of students receiving federal Pell Grants (financial aid which does not have to be repaid), and Macalester is ranked fifth in the number of "International Students."

And finally, Macalester is once again part of the *Princeton Review's* Best 361 College Guide, appearing in seven categories, including "Best Quality of Life," and new this year, "Lots of Race/Class Interaction." ●



amazing! This is what the future needs.” So he began giving financial assistance to U.S. students attending UWC programs. Extending his commitment, Davis later began to provide support for UWC students who were accepted at selected American

colleges. Macalester is one of those selected colleges, as part of the Davis United World College Scholars program.

During Davis’ Macalester visit, Collin Mothupi ’00, a Macalester trustee and UWC alumnus, presented Davis a resolu-

tion of appreciation from the Board of Trustees. The board thanked the “business leader, philanthropist and global citizen” and his wife Gale for their “unflinching dedication to international education and unselfish generosity” to Macalester. ●

## AmeriCorps calls, new grads respond

**J**OAN BENNETT ’05 knew she wanted to work for a nonprofit immediately after graduation, and a friend recommended AmeriCorps. The geography and urban studies major applied, interviewed and was offered the one-year position in the spring of her senior year—all without any hassle.

Bennett is hardly alone in turning to the federally funded AmeriCorps. From 2003 to 2005 (the last year for which figures are available), the domestic version of the Peace Corps has employed at least 26 Mac grads in the year following graduation—more than any other single employer.



Joan Bennett '05

**‘I lived in the Twin Cities my whole life and this year has been completely different from any other year.’**

The actual number is probably higher, the college says, as many decide on AmeriCorps during the summer, after the data is collected.

Macalester’s newest alumni have worked to help kids in urban after-school programs, boost community participation, match youth volunteers with seniors and broaden access to higher education, all through the expansive organization. Started by President Bill Clinton in 1994, AmeriCorps pairs

more than 70,000 workers across the nation with nonprofits, faith-based organizations and public agencies that perform service-oriented work, usually for one year.

Pay is rather meager. Members of AmeriCorps put in 1,700 hours (40 hours a week for a year) in exchange for about \$11,000 and a \$4,725 grant to help pay student loans or future schooling. But the nature of the work is appealing to many graduating seniors, as is the flexibility of a one-year commitment. AmeriCorps positions generally do not require much work experience nor are they highly competitive due to the low compensation, yet they offer high levels of responsibility.

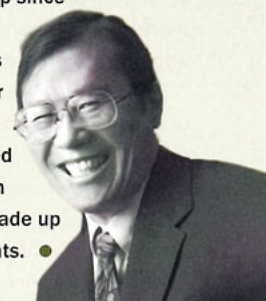
Bennett, who led after-school youth programming for the Minneapolis-based Project for Pride in Living, was immediately interested when she learned of the AmeriCorps job. “It was a position where I’d be making a direct impact and where I’d have a lot of flexibility,” she said.

Until her program ended this past August, Bennett organized and led activities for poor, mostly African-American and Somali youth in Minneapolis, taking them on field trips throughout the cities and bringing in speakers. “I lived in the Twin Cities my whole life and this year has been completely different from any other year,” she said of her time with kids. “It’s as if I moved to a new city. It’s been a completely different side of life.”

—Eliot Brown ’06

## New dean

**TOMMY LEE WOON** starts this fall as the new dean of multicultural life. Woon comes to Macalester from Dartmouth, where he had served as associate dean of student life/director of pluralism and leadership since 2002. Previously he was assistant dean of students and multicultural educator at Stanford, Brown and Oberlin. Woon was selected for the Macalester position by a diverse committee made up of faculty, staff and students. ●



## Leading employers of new Mac grads in year after graduation, 2003–2005

- 26 AmeriCorps
- 9 U.S. government (not including AmeriCorps positions)
- 7 University of Minnesota in mostly natural science-related positions
- 5 Teach for America
- 4 Peace Corps

—figures reported to Career Development Center;

168 new alumni went directly to graduate school in same period



## Mountain comes to Macalester

*One, two, three, make that FOUR daughters have followed Gene Gudmundson '72 to Mac from the family farm in Mountain, N.D.*

by Jan Shaw-Flamm '76

**G**ENE GUDMUNDSON '72 and his wife, Helen, have had a daughter enrolled at Macalester continuously since 1995—and they're not done yet. When Laura '07 graduates, she will be the fourth Gudmundson daughter to do so, not to mention the fourth economics major.

With this many multi-talented, hard-working women, you may be talking less about a Mac *legacy* than a *dynasty*.

Sarah '99 (who also majored in Russian) is in mortgage banking services at US Bank in Minneapolis; Mindy '02 works in financial management with North Shore Advisors in Bloomington while earning her M.B.A; Miranda '06 has joined Minneapolis investment advisers The Clifton Group, and after graduation Laura plans to add a nursing degree.

The family connection began with Gene's brother, Lowell Gudmundson '73, now a Latin American studies professor at Mount Holyoke College. While Lowell was at Macalester, Gene was a cadet candidate at the Air Force Academy. "I compared...my education and his, and I envied him, so I decided to transfer to Macalester."

After graduation, Gene, a history major, returned to work the family farm in Mountain, N.D., one of the largest Icelandic settlements in the United States. Four of those settlers were Gene's grandparents. For many years, Gene and his family grew wheat, beans, barley and sunflowers on their nearly 2,000-acre spread.

"When Sarah and Mindy went to college," he says, "they were kind of campus curiosities because there weren't many farmers' daughters on campus. Such a small percentage of the population lives on farms anymore that it's a foreign lifestyle."

Sarah, the first daughter to arrive at Macalester, faced major culture shock.

"Where I grew up, it was dead silent all the time unless it was harvest; then you could hear farm implements running....Then to come to Macalester and be on the same

**'Where I grew up, it was dead silent all the time unless it was harvest.**

**Then to come to Macalester and be on the same street as the fire station—that was a huge thing to get used to.'**

street as the fire station—that was a huge thing to get used to. And where we grew up, everybody was white and everybody was Christian, and everybody ate meat, so you get to Mac and it's people from everywhere.

**All in the family:** Gene '72 and Helen Gudmundson, top left, and Professor Karl Egge, center, with the four Gudmundson daughters on May 13, the day that Miranda '06 (bottom right) graduated. The others are Laura '07 (bottom left), Mindy '02 (second from top right) and Sarah '99 (top right). See page 30 for a story on Egge.

GREG HELGESON





It was really hard for me at first—not the different people, but going from a rural to an urban setting. I loved the farm.”

Mindy was familiar with Macalester, having visited Sarah, but that doesn't mean it was always easy. “There were all these kids who had gone to fancy prep schools, so I felt like I wasn't as well prepared...but I came to really appreciate where I came from....” As a sophomore, Mindy studied in Iceland while living with alumni “Reggie” Jonsson '87 and Hlin Sverrisdottir '88, an arrangement facilitated by economics Professor Karl Egge. Among other things, says Mindy, “I learned enough Icelandic to impress my grandparents.”

“I was probably 10 or 11 when I started [driving] the combine,” says Laura. “We would all be out in the field. But I only ever dealt with the wheat. [My dad] didn't think I could drive straight enough to take care of the beans.”

When Miranda and Laura were in high school, Gene left farming to concentrate on his construction business. Then, “Laura and I had to do a lot more shingling of roofs of houses,” says Miranda. “It built a lot of character. I wouldn't say I had *fun* doing it, but it was good family time. We spent a lot of time with our parents on roofs.”

All of the sisters worked in the Mountain nursing home during high school. That experience left Laura “torn between going to school in nursing or following my sisters. In my second year [at

Mac], I realized nursing was what I really wanted to do, so I sat down with my sisters and devised a plan.” With classes at St. Kate's and the University of Minnesota, a little more than a year after Mac graduation, Laura will have earned her R.N. as well.

The Gudmundson sisters were well known in the Economics Department,

**‘I wouldn't say I had fun [shingling roofs], but it was good family time. We spent a lot of time with our parents on roofs.’**

## WHAM fosters a healthy campus

**F**OR MORE than a decade, Macalester has offered its faculty and staff creative ways to boost their health and wellness.

WHAM, or Wellness and Health At Macalester, gives those who work on campus a range of options and ideas about healthy living. WHAM sponsors “Lunch and Learn” seminars where speakers tell how to eat healthy meals on the run or how active people can prevent injuries. More than a hundred Mac faculty and staff participate in WHAM's pedometer walking program. Dozens attended a spring gardening seminar.

“I think it's really pretty phenomenal what we're able to pull off with a volunteer committee,” said **Lisa Broek**, associate director of health services for health promotion. Broek says WHAM's \$8,500 annual budget shows that the college is committed to helping its 600-some staff and faculty be healthy. “The reaction is positive, enthusiastic, and [people say they] can't wait to see what's next.”

Not surprisingly, Macalester also devotes programs to encourage student health. Mac Recess puts a playful spin on getting students

moving. Students can sign up for kickball, capture the flag, foursquare or walks to the river. And once a semester, students can sign up for a full-body massage for just \$15. Faculty and staff can get massages as well—WHAM offers chair massages for those who work on campus.

Health and wellness on campus will get a huge boost when the Macalester Athletic and Recreation Center is expanded and improved through a \$41 million project that planners hope will begin in winter 2007 and be completed in fall 2008.

**T**HE NEW facility will include welcoming and flexible facilities for fitness, wellness and educational programs; improved training and competition areas for athletics; and inviting spaces where students and other community members can gather to socialize and to cheer on the Scots. The design incorporates “green” adaptations that minimize energy use and environmental impact.

For another perspective on health and wellness, see “From Liberal Arts to the Healing Arts” on page 24. ●

according to Egge: “While Sarah was the first to go through Econ, I never knew her as a student. It was not until Mindy began working in the Econ Department that I got to know the family. Mindy, Miranda and Laura all worked for me in my consulting [business] and helping run the family household (schlepping children) on a part-time basis....They are all bright, smart and they love life.”

As in all families, time brings change. Helen Gudmundson's work as a contract administrator now takes her on assignments all over the country, and Gene often joins her. “I've probably traveled more in the last five years of my life than in the first 51, so that's something I'm really happy about, and I owe it all to my wife.” Thinking back, Gene says, “When they're little and they're all fighting like cats and dogs, you wonder if it'll ever turn out good, but in our case it surely has. I'm really proud of our kids.”

The eldest Gudmundson daughter, Sarah, brought another Mac alumnus into the family late this summer when she married Cesar Ercole '99. Will the new brother-in-law understand such close family ties to the college? Well, just ask him—or his sister Paola Ercole '01. ●

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*Jan Shaw-Flamm '76 was driving a tractor and picking up hay bales the day before she arrived at Macalester.*



## Class of 2006: 405 students for Macalester's 117th commencement

photos by Greg Helgeson



**Above:** Ruth Chiu (Mountain View, Calif.), left, and Krystal Cooper (Osseo, Minn.) preserve a moment.

**Above right:** Nyalleng Moorosi (Leribe, Lesotho), left, and Brittany Lynk (Wadena, Minn.) with diplomas in hand.

**Right:** Macalester's newest alumni applaud at the May 13 commencement, held in the St. Paul RiverCentre.







Charles Baxter receives congratulations from President Rosenberg.

## Carrying Roger's agate into the world

Writer Charles Baxter '69 received an honorary degree at May's commencement—see page 38. The following is adapted from his remarks at a Macalester dinner the evening before:

by Charles Baxter '69

**A**S MY WIFE WILL CONFIRM, I continue to have dreams, or possibly nightmares, about this college, and the dream is always the same one: In the dream, I am my current age, 59, and I am still trying to fulfill all the requirements for the B.A. degree. My teachers come and go, they age, they retire, they are replaced, they encourage me, but the sad truth is that in these dreams there is always some requirement I haven't met properly—

usually math, or the Physics of Sound, or Music Appreciation. In these dreams my teachers are always upbeat and encouraging: "Keep trying, Charlie," they say. "You'll succeed sooner or later. It's just that we have very high standards here."

My dreams have a tendency to belittle me. I can't help it. It's out of my hands.

Colleges like Macalester, as you all know, do more than educate their students. What they really do, in addition, is to provide an image of the world that its graduates are about to go into. When I was a senior here, in 1968 and 1969, I had a room in Kirk Hall, section two, and my bedroom had a window facing west and another one facing north. Every morning when I woke up I would see the flagpole in the center of the campus, with the American flag and, just below it, the flag of the U.N. It

reminded me, that flag, that there was an entire world out there, not just the world of my own emotions or preoccupations. Sometimes, if I had slept late, and it was Friday, I'd wake up to see protesters against the war in Vietnam lined up along Grand Avenue.

Those were not good times in our country's history, and I can remember lying on the floor of my dorm room listening to Mozart or Mussorgsky and Stravinsky and the Rolling Stones and Virgil Thomson and Vivaldi and the Beatles and

**I've spent my adult life writing fiction about what life can, indeed, throw at you, and I've tried to pass on to my own students some semblance of the mentoring and selflessness I witnessed here.**

Bernard Herrmann (I did appreciate music, believe me). As I lay on the floor, I wondered what my adult life was going to throw at me. I was scared and excited, as many seniors are.

**W**HAT LIFE ENDED up throwing at me were the usual things, and a few unusual experiences into the bargain as well, but the truth is that I was mostly, if not entirely, prepared for them, thanks to this college and the aid and comfort and education I received from the faculty and from my fellow students here. I've spent my adult life writing fiction about what life can, indeed, throw at you, and I've tried to pass on to my own students some semblance of the mentoring and selflessness I witnessed here. When my graduate students in writing get their degrees, I always try to give them, ritualistically, a Lake Superior agate as a memento of Minnesota, because, in the spring of 1969, my teacher Roger Blakely in the English Department here sent me off into the world and into my life with an agate that he had found. "Here, Charles," he said. "Take it with you for good luck."

I took it, along with everything else he taught me, and I've carried it, and what I learned here, around with me for 37 years. For me, it's a token of what I've received from all the persons who have cared for me; it's a kind of geologic symbol for what an education is and does—something you carry around and can't seem to lose. Here it is: Roger's agate, now mine. It's a beautiful thing—no, more exactly, it's a beautiful token, a beautiful gift. All I can do, all anybody can do, is be grateful for it and for an institution that makes all this possible. ●



**Far left:** Shoko Takemoto (Yokohama, Japan) and Hazem Zureiqat (Amman, Jordan).

**Left:** Former CNN anchor Aaron Brown, the commencement speaker, urged Mac's newest alumni: "Go live out your dreams, exactly as you see them because this troubled world needs you to do it. Go live out your dreams because if you don't, you will be less happy and our world will be less good."



## Macalester Voices

*What's it like to be a 'free-thinking, libertarian Republican' at Mac? Joseph Schultz '06 explains.*

**Joseph Schultz '06** was an occasional contributor to the *Mac Weekly* and in June he hosted a Reunion discussion called *Alumni of Moderation*. An economics major who minored in mathematics and psychology, he spoke with Nancy Peterson of Macalester Today shortly before graduation.

*You seem to be a voice of conservatism at Macalester.*

In the real world I am a moderate, a free-thinking, libertarian Republican. I'm not thrilled with this [Bush] administration. At Macalester, because I'm a Republican, I'm considered a conservative. I transferred from St. Thomas because of the reputation of the Economics Department. I was given some warning about Macalester's liberal culture, but I was not prepared for the scope or depth of politics at Macalester.

*Give us some examples.*

I represented transfer students on the student government legislative board. Someone wanted to ban doing business with Wal-Mart, and I wrote the opposition statement. Discussion got heated; we were using parliamentary procedure on each other and spending half a meeting to argue about it. **'I've had people call me a white supremacist. I just shake my head, because it seems like such an intolerant thing... unbecoming of a Macalester student.'** Among the 40 [student legislators], about five were hard-core in favor of the ban and two adamantly against it; everybody else listened and chimed in once in a while.

The ban was put to a student vote and eventually voted down.

The Bush administration proposed some action that would limit funds for child care for working parents. One of my professors came in [to class] and said, basically, "How dare they, they're screwing up the equity of our system." I couldn't believe a professor would take such a political stance on something that is so obviously unsettled, as far as what is and is not equitable. About a week later I brought it up to the professor, who was very apologetic.

In my only history course, we were talking about the introduction of farming implements in 17th century China. The class was set on the idea that introducing Western implements was killing blacksmithing and other manufacturing industries. After about five minutes I said, "What about the farmers, who are now able to create more food and feed more people?" There wasn't a single person in the room who thought that was a good idea.

*Do you feel ostracized?*

There's a group of 10 people or so that I hang out with on a pretty regular basis, they're all friendly and we have a great time. But there are also people that really hate me. I can't describe it any other way. I've had people call me a white supremacist. I just shake my head, because it seems like such an intolerant thing...unbecoming of a Macalester student.

It's a way of shutting someone up, and I'm pretty sure it works on most people. I'm sure a lot of conservative students who would have made perfectly great student leaders have chosen not to speak up. If you're someone who wants to get along with people at Macalester and you're conservative, you don't mention it. I've always thought it was more important to try.

*What have you tried?*

I've brought proposals before student government and spoken up when I can. I brought up intellectual diversity issues, I



**Joseph Schultz '06:**  
"If you're someone who wants to get along with people at Macalester and you're conservative, you don't mention it."

brought up free-market issues, I said don't ban Wal-Mart and don't ban Coke. I wrote a few articles for the *Mac Weekly*. Once in a while somebody will say, "I appreciate that article you wrote; I don't agree but thank you for writing it." Other times I hear, "How dare you write that, you bastard." I became chair of the Mac GOP. There are only five of us and we try to represent the [whole spectrum] of the party.

I would be a much less happy student if I hadn't met one or two faculty in the Economics Department who have served as guides for me. What I would like to see is, maybe you notice that your department lacks a conservative scholar, so you go out and find one. I'd also like to see more conservative speakers on campus.

According to a story in the *Weekly*, two-thirds of students [of 102 surveyed as part of a political science project] believe lack of intellectual diversity is a problem at Macalester. I'm curious to know what that would be if I hadn't raised this issue, because I raised it about two years ago and I've been hammering it consistently since. I think it's important that you try to make things better. ●



## Higher education and democracy

by Brian Rosenberg

*"An educated citizenry is the essential instrument for promoting responsible social action and community well-being."*

—Eugene Lang

**T**HIS PAST JUNE I was one of several American college presidents invited to attend a forum at the Council of Europe headquarters in Strasbourg, France, on "Higher Education and Democratic Culture: Citizenship, Human Rights and Civic Responsibility." (I know, I know, it's a tough job...) The purpose of the forum was to bring together leaders of colleges and universities in the United States and Europe—along with a few representatives from Asia and Australia—to "explore the responsibility of higher education for advancing sustainable democratic culture."

Several thoughts struck me during the course of the meeting. One is that American colleges and universities, for all our challenges and despite the obvious need to do better, are much further along than are our European counterparts in thinking about post-secondary education as preparation for engagement and responsible leadership in local, national and global communities. We educate a larger and more diverse segment of our population in a larger and more diverse set of skills, and we make a more concerted effort to embed vocational preparation within the broader context of what might be termed preparation for citizenship.

Another thought is that American liberal arts colleges by and large define their responsibility to society in different terms than do American research universities: while the latter might identify their chief contribution as the production of important and original research (or at least organize their priorities as if this is their belief), the former would almost certainly identify that contribution as the production of what Frank Rhodes, president emeritus of Cornell University, termed "a steady stream of informed, influential and engaged graduates." Of course, these missions overlap—research universities do produce such graduates, and the faculty at

colleges such as Macalester do make significant contributions to scholarship—but the difference in emphasis is real and telling and may help explain why liberal arts college graduates appear, at least to those of us who pay attention to such things, to have a social impact disproportionate to their relatively small numbers.

The belief that informs liberal arts education in America is that democratic citizenship is best fostered not through indoctrination into the virtues of democracy, but through providing what Rhodes called the "essential equipment for the free and educated person" and through addressing what Brenda Gourley, vice-

chancellor of Britain's Open University, called "the large issues and challenges of our time and place." In other words, democracy is best served not simply by teaching democracy, but by inculcating the skills, habits of mind and knowledge without which effective democracy is impossible. This is by no means to say that courses in "American Government" or internships at the state capitol are unimportant, any more than it would be unimportant for a student of literature to take courses in the "History and Theory of the Novel"; it is to say, however, that the former are insufficient to produce engaged citizens, just as the latter are insufficient to produce gifted novelists.

**T**HIS IS WHY courses in physics and painting, geology and classical Greek, are as essential as courses in politics and international studies to the creation of global citizens. They prepare the kinds of individuals—the minds, sensibilities and characters—without which "sustainable democratic culture" is difficult if not impossible. They shape and inform the countless internships, volunteer jobs and community service positions occupied by our students. They strengthen in those students an appreciation of beauty, reason, open-mindedness and rigorous thought. And this is why I con-

**I continue to believe that maintaining a broad, diverse and challenging curriculum is central to, even the bedrock of, the social mission of Macalester.**

tinue to believe that maintaining a broad, diverse and challenging curriculum is central to, even the bedrock of, the social mission of Macalester.

This is also why I believe that a widely accessible system of liberal education is a prerequisite for effective democracy. It is not enough to have the right statutes or structures in place; democracy in particular requires the participation of individuals prepared for both the challenges and opportunities of freedom. This preparation, in the words of the organizers of the Strasbourg forum, "encompasses democratic values, ways of knowing and acting, ethical judgments, analytical competencies and skills of engagement." It includes "awareness of and concern for human rights as well as openness to the cultural diversity of human experience and a willingness to give due consideration to the views of others." In sum, preparation for the condition of freedom is the animating work within and beyond the classrooms, laboratories and studios at Macalester.

Higher education indeed bears much responsibility for advancing sustainable democratic culture; the corollary, however, is that democratic societies bear much responsibility for supporting and strengthening higher education, and especially education in the liberal arts. This is a lesson underscored at least since the founding of our particular democracy but of which we can never too often be reminded. ●



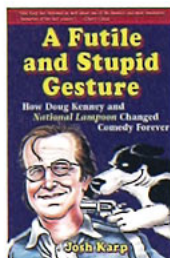
*Brian Rosenberg, the president of Macalester, writes a regular column for Macalester Today. He can be reached at [rosenbergb@macalester.edu](mailto:rosenbergb@macalester.edu).*



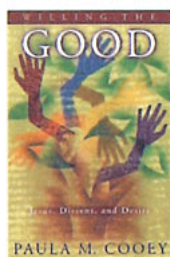
## Doug Kenney's rise and fall; Jesus and dissent; Twig and baseball

**A Futile and Stupid Gesture:**  
How Doug Kenney and *National Lampoon* Changed Comedy Forever  
by Josh Karp '88 (*Chicago Review Press*, 2006)

Karp, a Chicago-based journalist, chronicles the rise and fall of *National Lampoon* magazine and its founder, Doug Kenney. The golden boy of 1970s American comedy, Kenney wrote *Animal House* and *Caddyshack* and helped paved the way for the tone of modern comedy, including "Saturday Night Live." A millionaire screenwriter/producer, he died mysteriously in 1980 at the age of 33 when he fell off a cliff in Hawaii.



**Willing the Good:**  
Jesus, Dissent and Desire  
by Paula M. Coeey (*Fortress Press*, 2006)



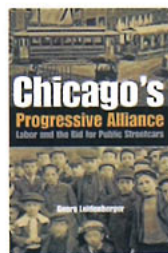
Coeey retrieves and valorizes the reforming impulse from Reformation times, follows it back through the early church's internal and external battles and traces it back to Jesus himself. She shows how a strong

affirmation of dissent as a Christian duty can inform a more open and faithful church as well as a publicly relevant theology and ethics. Coeey is the Margaret W. Harmon Professor of Christian Theology and Culture at Macalester.

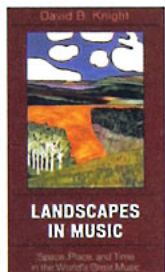
**Chicago's Progressive Alliance:**  
Labor and the Bid for Public Streetcars  
by Georg Leidenberger '87 (*Northern Illinois University Press*, 2006)

Leidenberger tells the story of the Progressive-era coalition of reformers and workers advocating municipal control of the main mode of transportation for Chicago's diverse population. By examining the alliance's formation, political tactics and

ultimate demise, he offers insights into the history of labor, class relations and political culture in urban America. Leidenberger is a professor of history at the Universidad Autónoma Metropolitana in Mexico City.



**Landscapes in Music:**  
Space, Place and Time in the World's Great Music  
by David B. Knight '64 (*Röwman & Littlefield Publishers, Inc.*, 2006)



Using landscape as its unifying concept, this book explores orchestral music that represents real and imagined physical and cultural spaces, natural forces, and humans and wildlife. Knight is a geographer and orchestral musician who has performed with groups in the United States, Canada, New Zealand and Scotland.

**Minnesota Running Trails:**  
Dirt, Gravel, Rocks and Roots  
by Kate Havelin '83 (*Adventure Publications*, 2006)

Havelin, an experienced runner, writes about her favorite trails, how to get there, the best routes to take and trail highlights. The book covers the state's best trails from Afton State Park to Zumbro Bottoms. Havelin also wrote the story on healing arts in this issue (page 24).

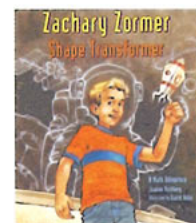


**Parallel Play**  
by Stephen Burt (*Graywolf Press*, 2006)

Burt's second collection of poems describes lovers, friends, travelers and revelers attempting lives dependent on each other but still pulled inevitably into pre-occupations of their own self-awareness. He looks for answers in his own life and among his coterie of characters and venues—from the rock clubs of New York City to the basketball courts of the WNBA, from the canvases of Kline and Richter to the canvassers in a hard-fought election. Burt is chair of the English Department at Macalester.



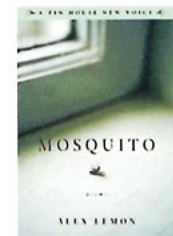
**Zachary Zormer: Shape Transformer**  
by Joanne Anderson Reisberg '60 (*Charlesbridge*, 2006)



A math adventure book, this teaches children such tricks as how to make a Möbius strip, how to make a 4x6-inch piece of paper big enough to walk through and how to use a flashlight to demonstrate the reasons for seasons. A former teacher, Reisberg lives in Minneapolis.

**Mosquito**  
by Alex Lemon '00 (*Tin House Books*, 2006)

Lemon's debut book of poetry explores his experiences as a brain surgery patient. *Mosquito* blends autobiography and poetry, bearing witness to a young man's journey through serious illness and his emergence into a world where eroticism, hope and wisdom allow him to see life in a wholly new way. Lemon, who received a 2005 Literature Fellowship in Poetry from the National Endowment for the Arts, is a visiting instructor in Macalester's English Department.



### Published a book?

**TO HAVE A NEW OR RECENT** book mentioned in these pages, send us a publisher's press release or similar written announcement that includes a brief, factual description of the book and brief, factual information about the author.

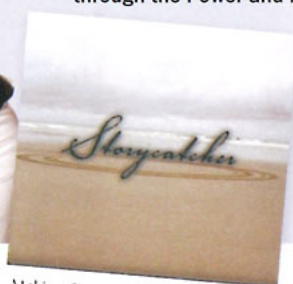
The address, e-mail, fax and phone numbers for *Mac Today* are on page 2. •



## All this writing: the universality of human nature

**DON'T KNOW WHAT WILL HAPPEN** to all this writing. I don't know what will happen to my own writing. I just know I've never been quite able to throw it away, that I've been cheerfully willing to carry heavy boxes of filled notebooks with me move after move in the decades of my life. I just know that every year more people decide to write, and though we may feel very vulnerable to these words while living our story, or when imagining our next of kin reading our writing after we've gone, over time our writing takes on a patina of universality. We know this because we read the diaries and journals of others and experience the universality of human nature, presented in a million situations and conditions, yet somehow the same.

—from *Storycatcher: Making Sense of Our Lives through the Power and Practice of Story* (New World Library),  
©2005 by Christina Baldwin



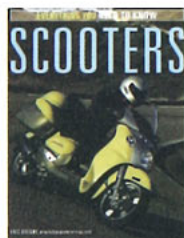
**Windows & Roses:**  
Selected French Poems  
of Rainer Maria Rilke  
translated by Susanne  
Petermann '79  
(self-published, 2006. [www.lulu.com](http://www.lulu.com))



These are only the second translations published of Rilke's French poems. Petermann has published her own poems in various journals and self-published an illustrated memoir regarding her difficult journey through breast cancer. She lives in southern Oregon.

**Scooters: Everything You Need to Know**  
by Eric Dregni '90 (Motorbooks, 2005)

Dregni, a lifelong scooter rider and collector, offers a wealth of information about the fastest-growing segment of the American motorcycling market. He tells what kind of scooter to buy, how to buy it and where. He is the author of five other scooter books, three of them written with his brother Michael Dregni '83.

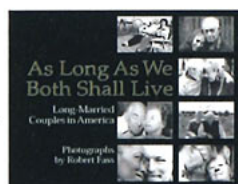


**Storycatcher:**  
Making Sense of Our  
Lives through the Power  
and Practice of Story  
by Christina Baldwin '68  
(New World Library, 2005)

Baldwin, a pioneer of the personal writing movement, encourages everyone to become "Storycatchers"—people who value story and find ways in the midst of everyday life to honor storytelling. Each chapter features suggestions, examples and anecdotal materials designed to help readers think meaningfully about the stories of their lives. *Storycatcher* won the motivational category in the annual Books for a Better Life Awards sponsored by the National Multiple Sclerosis Society.

**As Long As We Both Shall Live:**  
Long-Married Couples in America  
by Robert Fass '81 (self-published, 2006.  
[www.longmarriedcouples.com](http://www.longmarriedcouples.com))

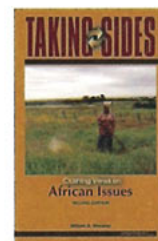
Begun in 1997, this book is an exploration of the changing institution of American marriage in words and images. A photographer and writer living in New York City, Fass traveled from Maine to Hawaii documenting couples who have been married for



40 years or more. The book was published in conjunction with a touring exhibition which will tour Germany and Austria beginning in September 2006.

**Taking Sides:**  
Clashing Views on African Issues  
edited by William G. Moseley  
(McGraw-Hill, 2007)

In this second edition of *Taking Sides*, Moseley, a Macalester geography professor, presents 20 controversial African issues in a debate-style format designed to stimulate student interest and develop critical thinking skills. The issues range from "will biotech solve Africa's food problems" to "should international drug companies provide HIV/AIDS drugs to Africa free of charge."




**Terwilliger Bunts One**  
by Wayne Terwilliger, Nancy Peterson and  
Peter Boehm (Globe Pequot Press, 2006)

Terwilliger recounts how a skinny kid who couldn't hit a curveball turned himself into a major-league second baseman, coach of two Rookies of the Year and winning minor-league manager. Still coaching at 80, "Twig" talks first-hand about historic moments, baseball greats and other celebrities, Marine battles at Saipan and Iwo Jima, enthusiasm, winning and staying young. Co-author Peterson, Macalester's publications director since 1982, is a friend of



Terwilliger and webmaster of  
[www.wayneterwilliger.com](http://www.wayneterwilliger.com).



Four student portraits arranged in a 2x2 grid. Top-left: A young woman with light brown hair, smiling. Top-right: A young man with short brown hair and glasses, looking slightly to the side. Bottom-left: A young man with dark, curly hair, resting his chin on his hand. Bottom-right: A young woman with dark hair and glasses, smiling.

# Four Lives

*We asked four students to talk about their lives before and at Macalester—what they learned, how they've changed, what they aspire to do. The words are their own, condensed from interviews with writer Jan Shaw-Flamm '76.*

*Photographs by Greg Helgeson*



# Jessica Hawkinson '08

**HOMETOWN:** Wallingford, Pa.

**MAJORS:** political science and international studies

**KEY MACALESTER ACTIVITIES:** member of two emerging Macalester organizations, Students in Free Enterprise and EXCO, or Experimental College; studying abroad in London and Maastricht, Netherlands, in 2006–07

**CAREER PLANS:** interested in policymaking, international law, human rights and regional governance

**PATH TO MACALESTER:** In middle school, my dream was to be the president of the United States. As I progressed through school, I realized there was an entirely different level of leadership that needed people like Kofi Annan and Nelson Mandela, who have this greater global vision. Also, I spent 10 years in Houston [going to school] with international students whose parents worked at NASA, which was about eight minutes away.

Growing up in the Presbyterian faith tradition, I frequently saw the Presbyterian Church's activity in global affairs, particularly humanitarian aid. My youth group in Wallingford went to Juarez, Mexico, where we helped rehab a women's shelter. We also witnessed the devastation of families of squatters, whose homes were destroyed by Mexican officials. Families tried to relocate—finding cardboard and plywood in trash heaps to build homes. The problems associated with poverty continue to be perpetuated. My experiences in Juarez contribute to my feeling that these larger problems must be addressed.

Ultimately, I visited the international studies departments of all the schools I considered. Professor [Ahmed] Samatar happened to be doing the intro seminar [at Macalester], and he displayed a passion for international studies that was unmatched at other institutions. My mom [Suzan Hawkinson '80] is an alum, so that didn't hurt.

**ACADEMIC LIFE:** I've worked independently with Professor Samatar doing two tutorials, on globalization and on the European Union and models for global governance. I've looked at regional integration, policymaking mechanisms, how citizenship works in the EU and some of the problems with the integration of minority populations, particularly Muslims. In my tutorials we met once a week for an hour and a half. Honestly, it was terrifying sometimes! I used to have this inner fear that he would ask a question I couldn't answer. I quickly learned that most important questions in life don't have easy answers, and I've come to love these challenges. It is also helpful to have

a professor pay close attention to the individual ways I can grow in my academic work.

**SPECIAL EXPERIENCES:** Students in Free Enterprise (SIFE) is an international program. As our first project, we're developing curriculum to help teach basic financial budgeting skills to the Hmong community in Minneapolis. It's very important for integrating the Hmong population into American society and citizenship.

EXCO [Experimental College] is another new project. At this point we're developing shorter classes or one-time classes to give community members from the Twin Cities or the student population a chance to explore subjects not offered within regular course listings. A skill-share fair kicked things off with a stilt-walking class and the retelling of an indigenous story from a Native American tradition.

**WHAT SHE REALLY LEARNED AT MAC:** The first paper I wrote here came back covered in red ink. At a basic level, I've become a better scholar. SIFE and EXCO were opportunities to work outside of my academic interests. My involvement with SIFE and International Studies might make people perceive me as a "technician of empire," but I wouldn't call myself a capitalist in the negative sense. Capitalism happens to be the dominant form of economic organization that exists right now. I'm of the philosophy that you work

Jessica  
Hawkinson '08



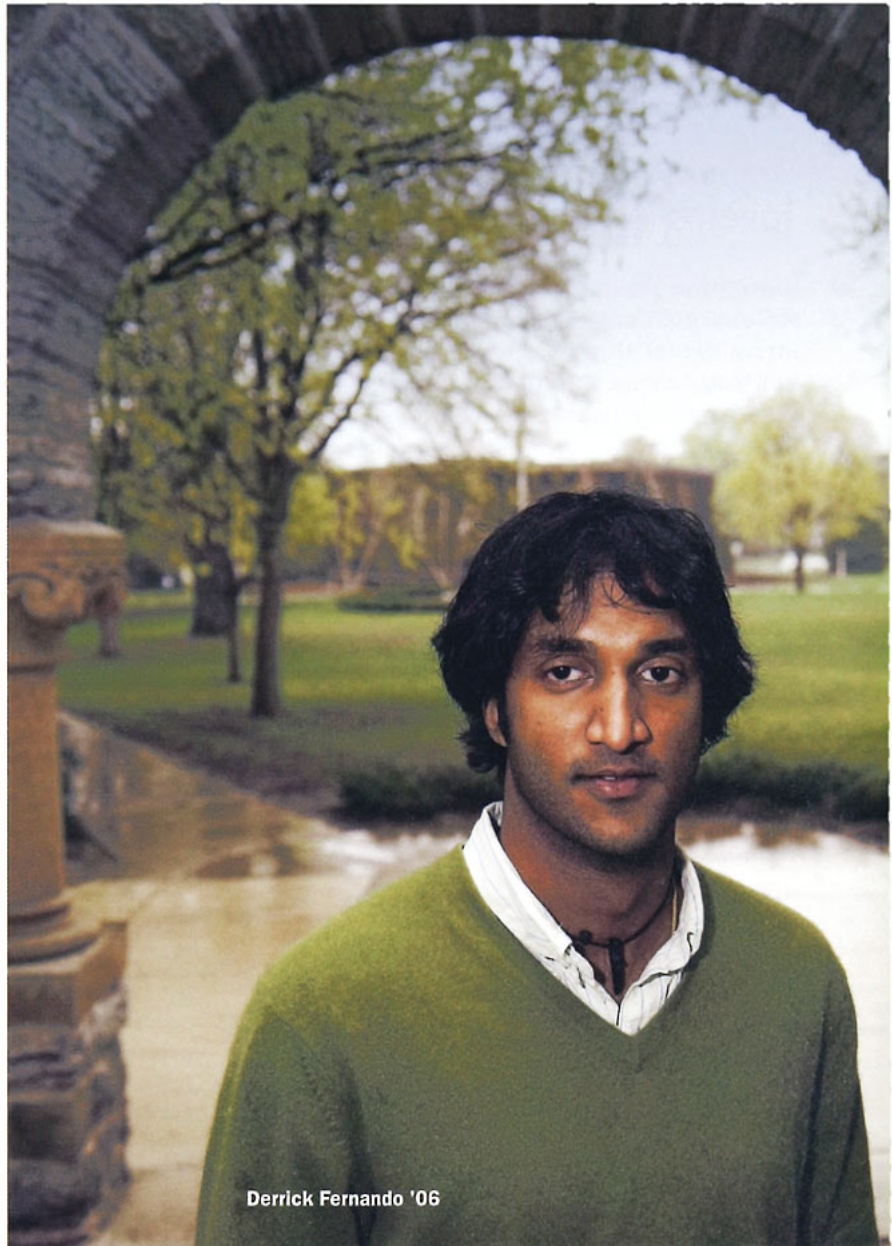


with what you've got with a larger vision in mind.

**AFTER MACALESTER:** Regional governance—the idea of states pooling their sovereignty for potential goals of transnational citizenship—really interests me. Working with the EU could be a possibility at some point in my career; supporting the improvement of an organization like the U.N. would also be rewarding. Being part of a faith tradition gives me hope for a world of greater peace. A belief in a greater good reinforces my idealism and my optimism for the world. The theologian Frederick Buechner wrote about being called to “the place where your deep gladness and the world’s deep hunger meet.” When you’re called to a vocation, the calling is not only a personal one, but also one that is done in service to the world’s deepest needs. •



I quickly learned that most important questions in life don't have easy answers, and I've come to love these challenges.



Derrick Fernando '06

## Derrick Fernando '06

**HOMETOWN:** Colombo, Sri Lanka

**MAJOR:** economics with accounting emphasis

**KEY MACALESTER ACTIVITIES:** five internships

with companies here and abroad;

student coordinator/supervisor at the

International Student Program Office; tutor

in math and English through the

Community Service Office

**CAREER PLANS:** staff accountant with

LarsonAllen CPAs, Consultants, and Advisors;

later, some entrepreneurial venture

**PATH TO MACALESTER:** I was going to go to school on the [U.S.] West Coast. I like to surf a little bit and I have family living there. Then I went to the Fulbright Commission and the lady there said Macalester might be a good school for me. When the plane was landing, I saw all the green and the lakes. I was with my uncle and I told him, “I think I’m going to like this place.”

**ACADEMIC LIFE:** I had taken a lot of math before, but I took my first econ class and I liked it. A plus at Macalester: you get a great liberal arts education, your econ major is topnotch, but at the same time, business courses that are not offered at Macalester, you can take at other schools.

**SPECIAL EXPERIENCES:** I had five internships and a job, which was like an internship. I first found out about the internship at Catholic Charities and I was impressed with the work they do to help different groups of people. I learned a lot about computer applications and databases.

I got involved with the Minnesota Trade Office because Minnesota was doing a pilot project with Sri Lanka. The Trade Office was pretty happy; I don't



think they expected to get a Sri Lankan involved from Minnesota. When my boss went to Sri Lanka, he met up with my parents and had a Sri Lankan meal, and he always talks about that. At D & A Enterprises in Sri Lanka, I just helped them structure their company a little better with what I learned at school.



The job I had with the International Student Program taught me a lot. I did the Web site for them, the handbook. I found out there was no one publication on internationalism at Macalester. I dug up books at the library and at the registrar's office trying to get all this information. Up to that point, 2003, we'd had 170 countries come to Macalester.

**WHAT HE REALLY LEARNED AT MAC:** You're on your own here, nobody's behind you to say, "This is what you have to do." In an econ class that I took, "Deals," most of the speakers are distinguished alumni of Macalester—managing directors, vice presidents—it's an amazing list, and they tell you, "Just take the initiative."

Back home, race is not an issue for us. Living in the capital, you're kind of oblivious to the severity of the [ongoing ethnic conflict in Sri Lanka]. I went to Catholic high school. We have four major religions—Christianity, Buddhism, Islam and Hinduism—so even though it's a Catholic school, all four religions are taught. We had six classes of Sinhalese people and one class of Tamil people because they have the option of [classes] conducted in Tamil. But you're on the same drama teams, sports teams, debate teams. [At Mac] I did the Pluralism and Unity program, which made me aware [of race in the United States]. I knew the issues, but not how important they are. When I came here, I understood.

**AFTER MACALESTER:** I was fortunate last fall to be offered a job with LarsonAllen, a regional CPA and consulting firm. I was ecstatic. Also, I will be studying for the CPA exam.

Everyone asks me, "So, now are you going to go back to Sri Lanka?" Since I've been at Macalester, I've been trying to go to a new country every year and I have succeeded, and I want to keep that up. To do that, I can't go back to Sri Lanka, because I can't afford it. It would be fun to see all the people I miss, but I want to travel. "Are you ever going to go back to Sri Lanka?" My answer is I'd love to go back home, but I also love to travel. •

You're on your own here,  
nobody's behind you to say, "This is what you have to do."

## Isabelle Chan '06

**HOMETOWN:** Eden Prairie, Minn.

**MAJORS:** political science and international studies

**KEY MACALESTER ACTIVITIES:** Asian Student Alliance, Women of Color Collective, Diversity Weekend, interned at the Immigrant Law Center of Minnesota and the Center for Victims of Torture; activist in human rights  
**CAREER PLANS:** hopes to become a human rights lawyer

**PATH TO MACALESTER:** I went to Eden Prairie High School [where] my physics teacher knew I was interested in international work and recommended that I apply to Mac. [When I looked into Macalester,] I was interested in the mission statement and commitment to community service, multiculturalism, and internationalism.

**ACADEMIC LIFE:** My sophomore year I took a course with Professor [Dianna] Shandy in anthropology called "Culture and Globalization." The final paper I wrote was on sex tourism in Thailand. When I worked for the Center for Victims of Torture, it overwhelmed me to realize how widespread human trafficking, sex trafficking and sex tourism are. The paper was a chance to connect the academics with something I really cared about—human rights and women's issues.

"Advanced Themes in Human Rights" with Professor [Nadya] Nedelsky in international studies really challenged my perceptions of human rights. [We explored] issues such as female genital mutilation and the veil in Islam. Some women support these practices and challenge what are "human rights." How can we take a universal approach? Every time I take a position, I need to think, "Whose voice am I silencing when I say that?"

**SPECIAL EXPERIENCES:** I went to a conference on public service and leadership at Harvard [through] the help of [Macalester's] Lealtad-Suzuki Center. There I learned about the Institute for International Public Policy, a five-year fellowship [through the master's degree] that helps you explore careers in international and domestic public policy. IIPP has enabled me to attend public policy institutes for 8 to 10 weeks both



## Ryan Baugh '06

**HOMETOWN:** Decatur, Ga.

**MAJORS:** geography and environmental studies

**KEY MACALESTER ACTIVITIES:** tutored at the English Learning Center; active in reviving the organization Mac Bike; study abroad in South Africa

**CAREER PLANS:** Working in the Twin Cities with future plans for graduate school in environmental work, transportation planning or, possibly one day, seminary for the Episcopal clergy

**PATH TO MACALESTER:** The summer before my senior year of high school I attended the Youth Theological Initiative at Candler School of Theology at Emory University [a Lilly Endowment-supported program]. One staff member *knew* Macalester and said he thought my personality would match. I was interested in environment studies, which is interdisciplinary [as offered at Macalester], as opposed to environmental science. Also, I liked the Twin Cities for the number of bike paths and the atmosphere.

**ACADEMIC LIFE:** I grew up in the Atlanta suburbs. It's really a sprawl city, a car city. That may be why I

sophomore and junior years, to take graduate level courses, to meet with government officials, diplomats and think tank people and visit places in Washington and New York.

Senior year I interned at the Immigrant Law Center of Minnesota (ILCM) where I gave presentations on deportation and immigration law to refugee and immigrant communities. I used my education to raise awareness, but also to show [immigrants] the possibilities for getting to where I am. My parents are Cambodian refugees who moved to France where I was born and then moved to Minnesota. The ILCM had this video on deportation, but only in English. We dubbed it in other languages—French, Spanish, Swahili, Somali and Chinese.

Before I graduated, I organized a symposium on human trafficking, "Breaking the Silence and Ignorance: A Symposium on Human Trafficking and Modern Day Sex Slavery." People said, "I never knew this was an issue in Minnesota or in the United States." Just to have someone tell you, "I was raped, I was tortured," to connect on a more humanistic level is so powerful. A button prepared for the conference says: "Human trafficking happens here. Our silence perpetuates it."

**WHAT SHE REALLY LEARNED AT MAC:** Before Macalester, I never could have imagined [writing] something like my honors paper. [Senior year] I had 50 or 60 pages due in the next two weeks and I didn't worry about it at all. I have that discipline now, to write papers, to do research, to balance it with internships and volunteering and spending time with family and friends.

**AFTER MAC:** I am working as a grant officer for the International Rescue Committee in the Democratic Republic of Congo. IRC works in development and relief. [In the future] I'd like to become a human rights attorney at the International Criminal Court. That would be the ultimate goal.

My parents as Cambodian refugees are uneducated, yet so wise based on their experiences. They made so many sacrifices for us [five children]. No matter how hard it was at home, they'd say, "We want to make sure you get your education. Don't worry about money; don't worry about anything. We want you to get where you want to be." I say to my mother, "I have friends in school whose parents are diplomats or professors and yet I'm here in their classroom, too, and *you* are the ones who helped me to get here, so be proud of yourself." I am so grateful. •

Isabelle Chan '06

My parents as Cambodian refugees are uneducated, yet so wise based on their experiences. They made so many sacrifices for us [five children].





went into geography and environmental studies. My first-year course was a geography course. I like geography because you can talk about the spatial relationships of *anything*—religion, politics, history, environmental factors.

For my senior seminar, "Transportation Geography," I did a paper on railroads and why they failed and how America might benefit from trying to increase its railroad capacity to be a little more like Europe.

During study abroad in Cape Town [an environmental studies program], I researched this area called Rondebosch Commons, a many-acre green space in the middle of a residential area. It was a British military campground years ago, so it's an historical landmark and protected from development. But in Cape Town there's so much need for housing, how do you strike a balance? When I came back from South Africa, I was more serious. South Africa, the area I was in, was a somewhat dangerous place and it sobered me up in terms of taking care of myself.

**SPECIAL EXPERIENCES:** I did Lives of Commitment [a Lilly Foundation-sponsored program] my first year. Every week we took a van to the English Learning Center where we'd pair off with someone in our own group and teach a class. The students were largely Somali. My group was advanced, so we talked about current events. Senior year I was invited to help with a conference in Louisville about how Presbyterian seminaries and Lilly-funded projects could better provide a continuum of support for students trying to discern their vocation, largely in terms of ministry, but also in general. I was on a panel of students and seminarians talking about their path in terms of vocation and how Lilly-funded programs in the colleges could have better helped them along that path.

**WHAT HE REALLY LEARNED AT MAC:** I got frostbite once from biking my sophomore year. It was the start of second semester and a beautiful, sunny day, but it happened to be minus-35-degree wind chill. Being from the South, I didn't really understand wind chill, so I was in bandages for two weeks.

Trying to get [the inactive organization] Mac Bike back in shape was a good challenge. Mac Bike offers a bike-sharing program, organizes recreational rides and has a workshop under 30 Mac[alester Street]. We got the keys to that, got some tools, started trying to teach some skills and organizing some recreational rides.

We've really got to have societal change, not just personal change, but personal change will push forward societal change.



The idea isn't to just fix your bike for you, but we'll help you if you're willing to watch and listen and learn, so you're more likely to be able to do it [yourself] next time.

**AFTER MACALESTER:** Working for a while will give me time to think and read, a chance for intentional reflection. I want to do something theoretical that also makes a difference. Something that could be done reasonably in the next 50 years, if only a few variables were different, is to build a [better] train system. That would really reduce U.S. reliance on fossil fuel, increase national security through that, put less pressure on us to attack other countries, and make it cheaper for people to travel, to see different regions and mix a little more.

We've really got to have societal change, not just personal change, but personal change will push forward societal change. For example, I'm a vegetarian. Early on I was all "Why aren't you a vegetarian?" about it, but I thankfully lost that ridiculous evangelizing. Now I just try to be conscientious about how I live. ●



"I don't see a reason to do something unless you do it well," says Chris Farley. He opened Northern Brewer on Grand Avenue, about a mile from Macalester, in 1993.



PHOTOS: VINCE CASTELLANOS

# Businesses on Tap

*Chris Farley '93 and Omar Ansari '92 are quenching cravings one beer—or beer kit—at a time. The veteran and the newcomer to the brewing business talked with writer (and beer drinker) Vince Castellanos '92.*

## Chris Farley

**BUSINESS:** Northern Brewer, Grand Avenue, St. Paul, supply store for home beer- and winemakers.

**WEB SITE:** [www.northernbrewer.com](http://www.northernbrewer.com)

### WHY START A BEER BUSINESS?

I spent my junior year abroad on the Edinburgh program, and I went to Scotland a teetotaling vegetarian. The food there didn't do anything for me, but the beer changed me. So much social activity there revolves around pubs, and I had never seen people so outrageously opinionated about beer.

I came back and was keen on learning about the microbrewery scene growing in the early 1990s. I got an internship at James Page [at the time a

Minneapolis-based microbrewery], and it seemed like most of their revenue came from their little homebrew store. Every time I went to work they'd say, "We're not brewing right now, wanna bag some hops?" To a 22-year-old it seemed like they were making money hand over fist. I thought, "Wow, there must be dozens of people here every day!" The business wasn't run well and there wasn't anything else like it in St. Paul, so it seemed like a safe bet; I thought I could do it.

### HOW DOES A 22-YEAR-OLD OPEN A SHOP?

Two Mac friends gave me \$4,000 apiece. I had no money, but they encouraged me to be entrepreneurial and I've always had that spirit. There was a space open on Grand Avenue that was small, but it was a start. I made shelves out of 2x4s, opened before Christmas in 1993 and was much busier than I expected. I reinvested everything in the business and I've done that ever since.

### WHAT WERE YOUR ORIGINAL GOALS?

Honestly, it was to be No. 1—the best in the business. I don't see a reason to do something unless you do it well.

### AND?

We've grown 500 percent in 10 years—we've got 20 employees and are one of the

*'I saw people doing things at Macalester that I didn't think were possible, and that gives you the confidence to try difficult things.'*



top 10 homebrew suppliers in the country. We were on the Web early, which helped, and opened a warehouse 18 months ago to fulfill all the online orders. Before that we did it all out of the store. That got insane; there were boxes everywhere. Really, we probably shouldn't be on Grand, but I've been here since the late 1980s and there's a sentimental attachment.

#### HOW DID MAC PREPARE YOU TO OWN A BUSINESS?

I saw people doing things at Macalester that I didn't think were possible, and that gives you the confidence to try difficult things and take risks.

#### YOUR FAVORITE BEER?

That's like, "Which kid is your favorite?" I'm a fan of lagers, so I'd say Pilsner Urquell [a legendary Czech beer]. As a homebrewer, that's a daunting beer to approach. It's so refined and complex.

## Omar Ansari '92

**BUSINESS:** Surly Brewing Co., Brooklyn Center, Minn.

**WEB SITE:** [www.surlybrewing.com](http://www.surlybrewing.com)

#### WHY OPEN A BUSINESS?

When I was young I told people I wanted to be like my dad. He was the president of a small industrial supply company, and the entrepreneurial spirit was always in our household. I worked in the family business for 12 years, but I wanted something I started and could say, "I did this."

#### WHY BEER?

Well, I like beer [laughs]; I'm a big fan. My friend Molly Dunn ['94] got me a homebrew kit from Northern Brewer in 1994. I was hesitant, because I'd drank homebrew and it was atrocious. But the first one I made was good. People are shocked to realize good beer can be homebrewed because they think beer comes from some monolithic, monstrous company in St. Louis or Milwaukee.

I bought kits for the next 10 years. I considered doing something in the industry, like a brew-on-premise business or even a homebrew store, but a Mac grad about my age [Chris Farley] had already started Northern Brewer. I was tired of saying, "What a great idea; I wish I had thought of that." I wanted to go out and take a chance, and when I got more serious about homebrewing I thought a brewery might actually work.

#### GOALS?

For the last two years, the sole focus and direction was on opening the brewery. Now that's done, and there's a whole new set of expectations. The typical way to quantify success is in barrels produced, but our main goal is to keep making beers we think are great. That and to draw a paycheck; that'd be good.

#### WHAT'S MOST DIFFICULT ABOUT THE BEER BUSINESS?

For any start-up, it's probably juggling family with business. For us specifically, it's the political aspects. City, state and federal governments all regulate beer; there are archaic laws in Minnesota that are a legal morass. Sometimes those laws can be changed, but the political capital and money that takes isn't small. I don't enjoy that part of the business, but I'm finding it's integral to it.

#### WHAT'S THE BEST PART?

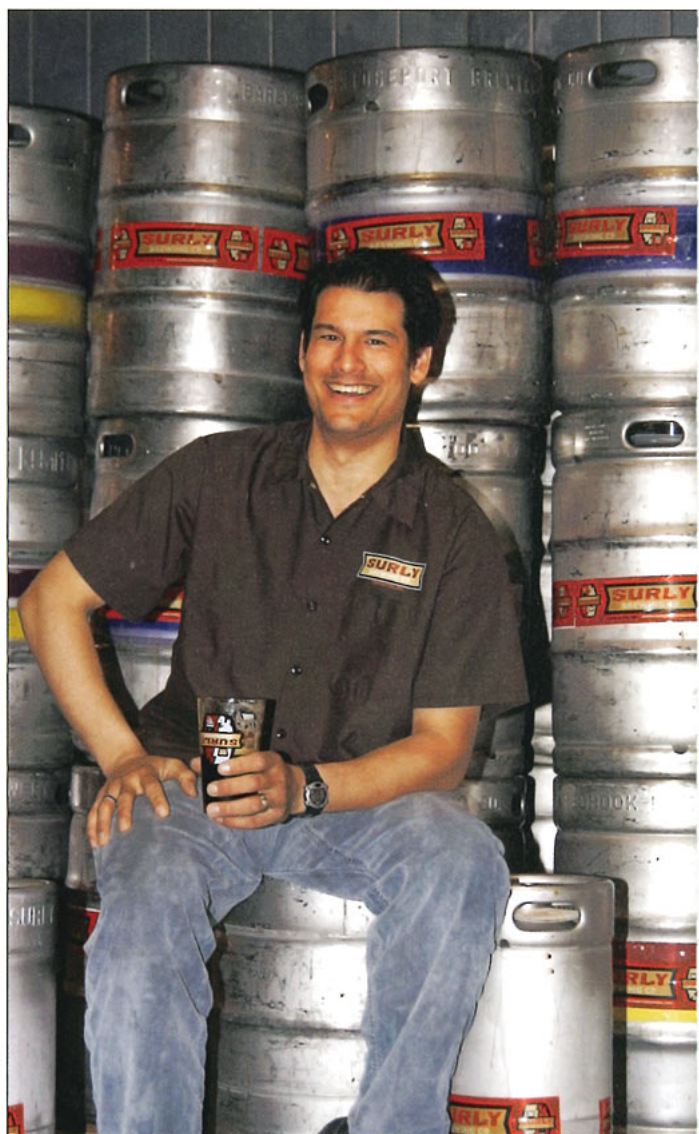
Hearing people say they love the beer. When I worked in the abrasives business I never heard, "Awesome grinding wheel! Keep making great bandsaw blades!" But people like talking about beer, and that's fun.

#### FAVORITE BEER (EXCLUDING SURLY)?

Founders Red's Rye [Grand Rapids, Mich.] is a wonderful combination of balanced malt and hops. I stumbled upon the brewery, spent all afternoon there and really enjoyed their whole philosophy, which is about great beer and fun. ●

"I wanted to go out and take a chance," says Omar Ansari, who opened Surly Brewing Co. in Brooklyn Center, Minn., in 2005.

'People like talking about beer, and that's fun.'





# From Liberal Arts to Healing Arts

Did someone mention health and wellness?

Here are five alumni who have made careers out of putting mind and body together.

**A**S BABY BOOMERS AGE and health care costs swell, many Americans are doing more to become or stay healthy. It's not just going to the gym a few times a week and eating oatmeal. Exercises and medical treatments that were once rare in the U.S. have moved into the mainstream. Kate Havelin '83 interviewed five alumni who have built innovative careers in health and wellness. You could say these alumni work to "mind the body."

## Gayle Winegar '75

**FOUNDER, SweatShop Health Club on Snelling Avenue in St. Paul, a few blocks from Macalester. Celebrating its 25TH YEAR in 2006, the SweatShop has some 1,500 CLIENTS and nearly a million dollars in annual revenues.**

I thought I would be the next generation of Margaret Mead, working for Planned Parenthood in South America. The passion I had for anthropology and travel circuitously took me into fitness. [Professor David] McCurdy gave me credit—I lived on a sailboat studying boat culture, if you will, from Los

*Kate Havelin '83 balanced two of her passions—writing and running—in her new book, Minnesota Running Trails: Dirt, Gravel, Rocks and Roots (see page 14). She lives in St. Paul with her husband and two sons.*

Angeles to the Panama Canal and out the other side. It was a great, great adventure. You're really limited in terms of exercise [on a sailboat] so I would bring my Jane Fonda tape—God bless Jane Fonda—out on the deck and do aerobics. I had all these guys doing Jane Fonda with me. I thought, "This is easy, I can do this."

The dang challenge about the fitness world is that you still have to live in the business world. Our strength [at the SweatShop] is in being right ahead of the crest of the wave, sometimes a little too far ahead of the wave. The first time we offered yoga 25 years ago, it was not well attended, I can tell you. We've cycled through on yoga three times. We started Pilates 12 years ago before people could even say it, let alone spell it.

Here you can have six women in menopause within eyeshot, within earshot [working out]. The conversations that happen every morning concern everything from what the solutions are, to all the symptoms, to childcare, to politics. I really think of the SweatShop as community. First and foremost, it's based on the values of health and wellness and it encompasses so much more than traditional physical health. There's

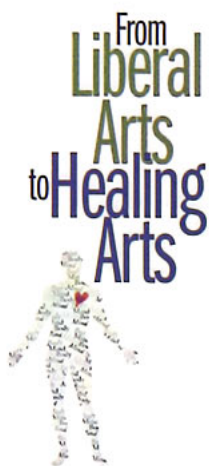
*'If you were to nail me down to two words, the SweatShop is about community and empowerment.'*



"Our strength is in being right ahead of the crest of the wave," says **Gayle Winegar '75**, who founded the SweatShop Health Club, near Macalester, in 1981.

STEVE NIEDORF '73





## A leader in health and wellness: Ruth Stricker Dayton '57

**A** **COMMUNITY LEADER**, international philanthropist and longtime Macalester trustee, **RUTH STRICKER DAYTON '57** founded The Marsh, a Center for Balance and Fitness, in Minnetonka, Minn., in 1985. The Marsh now includes an exercise center and studios, pools, spa, conference center, restaurant and inn. Some 35,000 people use its facilities in a year. One of many awards Dayton has received is the 2004 Alex Szekely Humanitarian Award from the International SPA Association. The award recognizes industry leaders who have generously devoted their time and energy to promoting lifestyle changes that contribute to the longevity and quality of life. Dayton spoke with Kate Havelin '83:



*When you were at Macalester, did you know anyone else double-majoring in religion and physical education? And how did your years at Mac influence the career you've made in health and wellness?*

My double major of religious education and physical education was a natural for me. I don't think anyone else pursued that combination; the physical education major was dropped from the curriculum shortly after my graduation. I didn't realize until later that this combination was

the foundation for my work in mind/body wellness...and for a liberal arts approach to health and wellness.

*The philosophy of The Marsh is based on connecting the physical, mental, emotional and spiritual. Along with fitness and wellness, The Marsh offers workshops, book talks, wine dinners, clinics on golf swings and even an inn. Is there anything you wish The Marsh covered but doesn't?*

Our approach at The Marsh is addressing the whole person. A fit person may have all the right numbers—cholesterol, blood pressure, etc.—but we are more than our numbers! In addition to exercise and nutrition, our relationships, our stress level, our attitude and altruism all contribute to being a well person. We must never forget the resilience of the human spirit!

*The Marsh's Web site mentions a "mental gym." What does that mean?*

Yes, we have a "mental gym." Brain health is becoming more and more important as our population is living longer. Now that we know how to keep the physical body functioning longer, it is imperative to exercise the mind!

*You've studied healing arts in China. Can you talk about the role Eastern philosophy plays in your life and at The Marsh?*

The Marsh is a synthesis of East and West. Eastern philosophy is centuries old and has so much to teach us. My many trips to China have obviously influenced our approach to living a balanced life. We teach tai chi and use its lessons as

emotional health; there's a sense of well-being. It's also about empowerment. If you were to nail me down to two words, the SweatShop is about community and empowerment.

We're focused on taking boomers through the aging process, and at the same time, I'm so concerned with kid fitness. Our job is to work with both of those groups. The challenge is to do it and still maintain a small business...it's an interesting balancing act. In the past four years, health insurance premiums for staff have increased annually up to 20 percent, while deductibles have quadrupled and services and coverage have become more limited.

One of the things that Macalester fostered was really creative thinking and problem-solving and testing the envelope a little bit. If there's a seed that got planted, it was you have to go change the world in some significant way. What I've come to be at peace with at this stage of life, is I'm doing that in one little significant way, five blocks from Macalester. It's not South America! •

## Josh Eha '99

**CO-FOUNDER, Del Mar Integrative Health Center, Del Mar, Calif. He has a master of science degree in TRADITIONAL ORIENTAL MEDICINE and is also an ACUPUNCTURIST.**

As a biology major, I developed a firm foundation in scientific reasoning and the Darwinian theory of adaptation. This grasp of Western medicine combined with training in traditional Chinese medicine at Pacific College of Oriental Medicine has allowed me to find connections across these seemingly conflicting approaches to the human system. My most influential experience at Macalester was the year I spent studying abroad in the jungles of Ecuador with a Qichua shaman. It was with Bartolo Chimbo and his family in Ecuador that I learned the magic of medicine and a spirit of health unknown and undernourished in this country. Bartolo taught me that the human body is an antenna for a subtle but powerful healing energy. That impression has helped dictate my course ever since.





**Ruth Stricker Dayton '57:** "A fit person may have all the right numbers—cholesterol, blood pressure, etc.—but we are more than our numbers!"

a metaphor for dealing with stress as well as the medical assets it offers...and, of course, yoga is very popular here.

*Some might say that gyms and fitness centers have become modern places of worship, spiritual places where people go to find peace and community.*

*Do you believe that?*

I believe that The Marsh and other wellness centers have become a "gathering place" where people can be heard and develop relationships...a place where they are supported while practicing life lessons.

*When you were 40, you were diagnosed with lupus, an autoimmune disease that causes inflammation and tissue damage to virtually any organ system in the body. How did that influence your attitude toward health and fitness?*

Being diagnosed with lupus only affirmed my beliefs in the mind/body connection, the importance of a positive

I practice acupuncture and Chinese herbal medicine *integratively*. That means that I use both Chinese and conventional medicine paradigms to diagnose and treat my patients. I still emphasize the powerful Chinese medicine tradition I come from, but I want to use all that is available to me to treat my patients. If needed, I order labs or x-rays, administer orthopedic tests and individually check muscle strength.

Many times the patient's presenting symptoms are simply the branches of disease. Through proper diagnosis, it is possible to dig down and find the root of disease that is constantly feeding these branches. This includes the physical, emotional and spiritual symptoms which have never been separated in Chinese medicine but are linked to the same *dis-ease* which shows up as "patterns" of symptoms like constellations

*'I still emphasize the powerful Chinese medicine tradition I come from, but I want to use all that is available to me to treat my patients.'*

attitude and the fact the "one can be a well person in a diseased body."

*What kind of exercise or daily physical activity do you like to do? What's a typical workout for you?*

My daily exercise routine consists of tai chi, walking in the woods with my dog, swimming and some strength training.

*You've spent years helping people strengthen the connections between mind and body. What did you learn from the research you commissioned the Rippe Lifestyle Institute to study on mind/body connections?*

Our research project demonstrated that "mindful exercise"—exercise with a cognitive component—has an immediate psychological impact in mood elevation and it is even greater if it is done in a "happy environment."

*What did you tell the Russian Ministry of Health when they asked for your advice and expertise?*

*What's the one thing you think everyone needs to know about health and wellness?*

I worked with the Russians on introducing exercise as an antidote for chronic disease. They were treating diabetes only with medication and hadn't considered the fun, happy, empowering effect of exercise.

The one thing I always emphasize about health and wellness is that "health is not the chief goal in life...it is merely *potential* for us to be good citizens of the earth." It is not punishing the body or guiltting the mind, it is merely staying in shape to address whatever comes our way—disease, trauma, heartache—and for sure, aging! ●

**Josh Eha '99 at the Del Mar, Calif., Integrative Health Center:**

*"My most influential experience at Macalester was the year I spent studying abroad in the jungles of Ecuador with a Qichua shaman."*





## From Liberal Arts to Healing Arts



in the sky. Once we find the root and treat accordingly, the symptoms disappear and the patient feels whole again. When the patient finds balance, i.e., their deep sense of homeostasis—which I first learned about in physiology class at Macalester—it creates a powerful healing experience for both the patient and the practitioner.

I have taken Qigong [the Chinese term for energy skills] to be my daily dose of exercise, mental clarity and spiritual connection. Maintaining health on a daily basis is vital to longevity and opens us up to love and life's richness like nothing else can. I tell my patients that I may see them for one hour or two hours per week and can help them generate a certain amount of balance. But they are with themselves all day and all night and can do so much more. Balancing food, rest, passions, alcohol and exercise is the key to health based on any medical model. If we can pursue this course of medicine, we will not need expensive prescriptions or their side effects, risky surgeries, or even expensive acupuncturists, chiropractors, homeopaths, naturopaths, etc. •

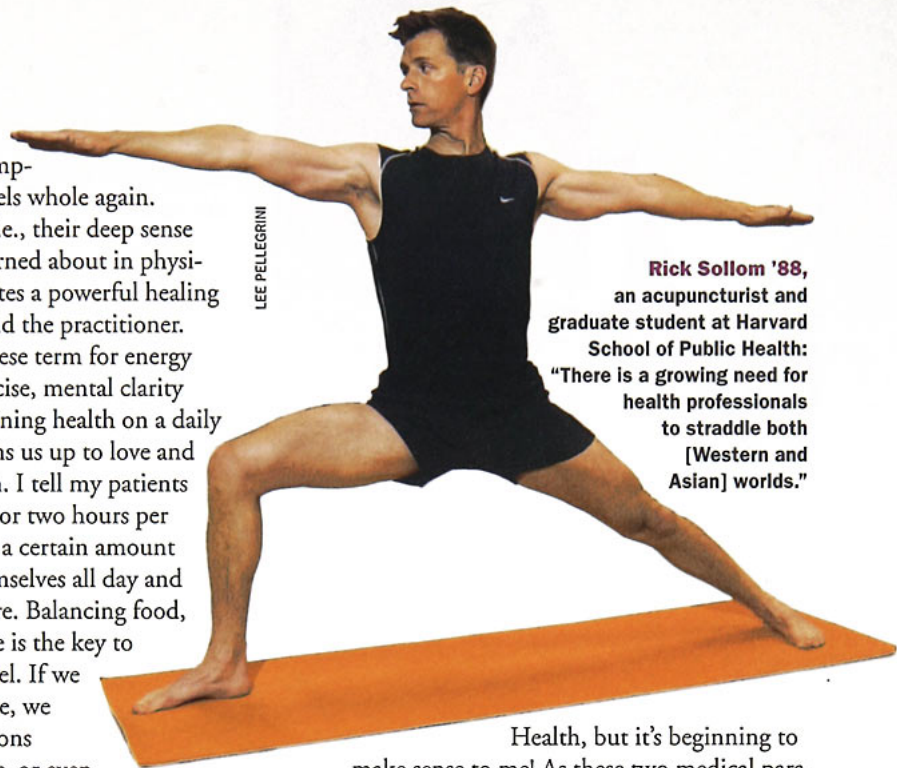
## Rick Sollom '88

**HEALTH AND HUMAN RIGHTS advocate; ACUPUNCTURIST; GRADUATE STUDENT at Harvard School of Public Health**

I majored in international studies, political science and French. My experience at Mac directly influenced my current career (albeit circuitously): [Professor] Hélène Peters was instrumental in my application for a Fulbright teaching fellowship in France after graduation. I then joined the Peace Corps where I taught English in Hungary. I wanted to work for the United Nations, so I went to the Fletcher School of Law and Diplomacy to study international public law. As a U.N. civil servant, I interviewed hundreds of refugees, many of whom were survivors of torture and often suffering from Posttraumatic Stress Disorder (PTSD).

During my final year of Chinese medical studies, I was awarded an Albert Schweitzer Fellowship to open an alternative health clinic for refugees in the Boston area who suffer from PTSD.

I seem to be an oddity to my acupuncturist colleagues and a curiosity at Harvard School of Public



**Rick Sollom '88,** an acupuncturist and graduate student at Harvard School of Public Health: "There is a growing need for health professionals to straddle both [Western and Asian] worlds."

Health, but it's beginning to make sense to me! As these two medical paradigms become more integrated in American health care settings, there is a growing need for health professionals to straddle both worlds, speak each other's language and knowledgeably advise patients on treatment alternatives. [Professor] Jack Weatherford's course on political anthropology was the best training I had to live in both these worlds. While I pursue my master's degree in public health, I work as an acupuncturist at a large Boston hospital, an AIDS care project and a detox program at a community health center. My long-term career goal is to bring alternative health to refugee camps, war zones and humanitarian emergencies.

Did you know that more people visit alternative health practitioners each year than medical doctors? Or that more money is spent out-of-pocket on these services than on out-of-pocket expenditures for hospitalization? I'm beginning to wonder which is more *alternative*....My own experience has shown me that patients value time spent with a health practitioner—be it a Western doctor or Chinese acupuncturist: they want their health care providers to listen to them. I think Asian medicine resonates with people in our culture, as it does throughout the world, because of the mind-body connection. Most of my patients complain of somatic stress—in other words, they exhibit physical symptoms and illness as a result of mental stress. Because of this mind-body connection, acupuncture quite effectively treats modern-day illnesses and chronic conditions that Western medicine finds baffling.

I practice ashtanga yoga twice a week and lift weights five times a week. I climb and am beginning to do triathlons. What's most important, from a Chinese medical perspective, though, is to move your Qi [the Chinese word for energy] and the best way to do that is to physically move your body. •

**'Did you know that more people visit alternative health practitioners each year than medical doctors? I'm beginning to wonder which is more *alternative*.'**



## Barbara Davis '75

**FOUNDER**, Great River T'ai Chi Ch'uan in Minneapolis, which celebrated its **25TH ANNIVERSARY** this year. Great River serves more than 80 people a year at its studio as well as at Minneapolis Community and Technical College and at Tasks Unlimited, a program for people with mental illness. Davis, who also teaches **WORKSHOPS AT A NUMBER OF NATIONAL TAI CHI EVENTS**, has a master's degree in East Asian Studies from the University of Minnesota.

I was an art major with an interest in physical movement. In high school, I had played sports and had taken some modern dance classes. In college, I studied art, music and biology. I remember being challenged by some of my teachers to focus more. I felt I was focused, but by the standards of Western discipline, I wasn't committed enough.

Through the language of tai chi and Chinese thought, I've found a way to merge things. Since I had always gravitated toward things that took concentration and focus, tai chi was a natural fit. Because I had been interested in sculpture, I felt, in essence, that when I began teaching tai chi it was like doing moving sculpture on students.

Tai chi study has led me in all kinds of unexpected, interesting directions, like teaching, going to graduate school, spending time in Taiwan, research, writing, publishing and now, writing a biography of Cheng Man-ch'ing, a Chinese man who was a master of

poetry, painting, calligraphy, tai chi and medicine. I'm working now as a free-lance editor, and tai chi has even influenced that—an article of mine, "Finding the Flow," was just published in *A View From the Loft*. It's about the "go with the flow" concept of Daoism as applied to writing and editing.

After graduate school, I began to teach classes on Chinese philosophy and tai chi for the University of Minnesota's Compleat Scholar program. I'll be teaching another class next winter for the program on the *I Ching, the Book of Changes*, which is one of the world's oldest and most enigmatic books. The magazine I edit about tai chi, *Taijiquan Journal*, was nominated for an *Utne Reader* award. We take an eclectic approach and include how-to, philosophy, history and humor. We've even had an original cartoon called "The Yang and the Restless."

Exercise in the West is about aerobics, heart rate and perspiration. In traditional Chinese society, everything—including exercise, tai chi and even fierce martial arts—has balance as the focus. Balance of mind and body, of movement and stillness, and balance within the physical self. With Chinese medicine and exercise, you feel good afterwards, you feel relaxed, you feel whole. ●

**'Exercise in the West is about aerobics, heart rate and perspiration. In traditional Chinese society, everything has balance as the focus.'**

**Barbara Davis '75** founded the Great River T'ai Chi Ch'uan in Minneapolis 25 years ago: "Tai chi study has led me in all kinds of unexpected, interesting directions."

GREG HELGESON



# Teacher to the World

Macalester's

*extraordinary economist retires after 35 years  
of teaching students from around the world*

by Neal St. Anthony

**O**NE DAY RECENTLY Charlie Cetin, a Citigroup investment banker from London, told a group of Minnesota business students at his alma mater how he, a 1998 graduate, and his team had sold the Turkish government's stake in an oil refinery to private operators.

This must have been the University of Minnesota or St. Thomas, Minnesota's biggest business schools, right? Nah—try Macalester College in St. Paul.

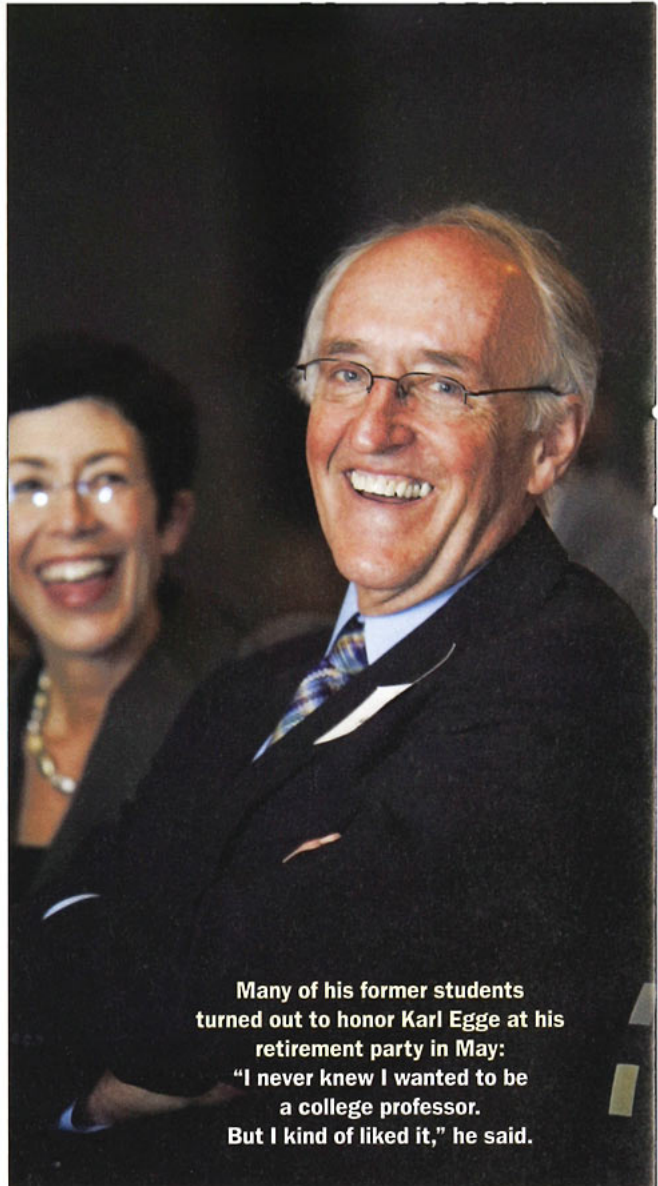
At a school that gets most of its reputation for liberal arts, to say nothing of student activism, Macalester's small Economics Department will graduate 60 students this week, most of whom already have jobs that will pay entry-level salaries of \$45,000 to \$65,000, plus bonuses.

Did I say worldly?

At Macalester, half of the economics students hail from Armenia, Sri Lanka, Pakistan, Shanghai, Bulgaria and other foreign shores, under a long-standing global outreach and scholarship program that has attracted working-class-to-affluent kids from 80 countries.

"We have learned so much from each other," said Astghik Poladyan '06, a graduate from Armenia who interned last summer in the tax department at 3M

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Many of his former students turned out to honor Karl Egge at his retirement party in May: "I never knew I wanted to be a college professor. But I kind of liked it," he said.

GREG HELGESON

and who is headed to a corporate finance job at J.P. Morgan in San Francisco.

Brendan Bosman '06 of Minneapolis and Terrence Robinson-Wilson '06 of Chicago—both Mac basketball players who are headed for out-of-town banking jobs—nodded in agreement.

"I've learned about capital markets and financial instruments," said Frank Arulpragasam '06, headed to Merrill Lynch in New York. "I live for the day when I can go home and help develop the capital markets of Sri Lanka."

When Mac business graduates talk about the professor who links students with an extensive graduate network and an enthusiasm that transcends the campus, they talk about economics Professor Karl Egge.

Egge, an enthusiastically young 62, is calling it a career after 35 years at Mac. The career educator still plans to teach a course or two a year and continue his networking on behalf of students and alumni.

Egge was not very career-oriented himself. But he came under the wing of an economist who recommended him for graduate school at Ohio State University after Egge graduated from the University of Montana in 1965.



"Professors are somewhat narrow," Egge said. "They usually know what they do. So I went from college to graduate school. I never knew I wanted to be a college professor. But I kind of liked it."

Egge said he encourages his students "to get experience before they go to graduate school. A lot of these kids are going to be working their fannies off for a few years. And some will make more than their parents ever dreamed."

Egge, who hails from a family that was in the farm-implement business, must have the gene. He's made the academy relevant to a lot of students.

"Egge is not the typical eggheaded economics professor," said Dave Smith '81, who worked for a farm cooperative out of Mac before getting a Harvard M.B.A. and becoming a principal in Marathon Partners, a private equity firm. "The typical economics professor, when called upon for career advice, recommends the kids go to graduate school. Karl thinks it's good to get out in the world and make a buck."

"I'm a farm kid from southern Wisconsin. I went to a 'white bread' high school and I wanted that international component and that diversity. Mac doesn't necessarily go for the best kid out of Blake High School. They get the best kids out of Bulgaria. It's also a lot tougher to get in than when I got in."

Smith and a couple of dozen other graduates have lectured in a patented Egge class called "Deals." It's about transactions, careers and life.

"We've had a chance to listen to 30 people tell us what they do," said Andrew Wissler '06, a student from Virginia whose dad is a Marine officer serving in Iraq. "At Mac, you also learn to interact with people from different countries. You don't learn that from a book."

## The Egge and Green legacies

**A**LUMNI AND FRIENDS are already far more than half-way toward establishing endowed funds of \$2 million each in honor of two renowned professors.

The **KARL EGGE PROFESSORSHIP** will enable Macalester to engage an accomplished leader in business and finance. The Karl Egge Professor will be chosen for the ability to serve as teacher, mentor and guide to students interested in those fields.

The **CHARLES GREEN ENDOWED FUND FOR CIVIC ENGAGEMENT** will support activities designed to enhance student learning, cultivate student leadership skills and promote a life of active democratic social and civic engagement. The next issue of *Macalester Today* will feature an article on Professor Green's legacy.

For more information, go to [www.macalester.edu/development/endowedfunds](http://www.macalester.edu/development/endowedfunds). ●



"I tell students to invest in relationships....And when they're successful, reach back and help others," says Karl Egge. He's pictured with 10 of his students in 1997. See page 8 for another photo.

## Endowed professorship

Last week, several dozen Mac graduates gathered in St. Paul from several continents to honor Egge at a reception. He was stunned to learn that hundreds have pledged \$2 million to endow a professorship—that also will fund student travel—in his name. "It's amazing those students got together to do this," Egge said. "Usually it's just one rich guy who endows something."

Egge, who makes \$95,000 after 35 years, has taught a lot of kids who today are multimillionaires. That pleases him and also inspires a little annual lecture on the opportunities and responsibilities of talented graduates. After all, a year at Mac, including room and board, costs \$36,500. Three-quarters of the students qualify for need-based scholarships.

"I tell the students three things," Egge said. "I tell them to work hard, make money and have fun. I tell them to live life as if they'll be judged on integrity. When you're in a difficult situation, do the right thing."

"I tell them to invest in relationships....Never stop listening and learning. And when they're successful, reach back and help others."

The new professorship, endowed by many former students, suggests they got his message.

"Life and business are not just about debt-to-profit ratios, supply-and-demand and all the technical stuff," Egge said.

Spoken like a true economist—with heart and the daring to teach lessons outside the classroom. ●

*'I tell them to live life as if they'll be judged on integrity. When you're in a difficult situation, do the right thing.'*



# Class of 1951 takes stock at their 55th Reunion

*Their generation at Mac was urged to 'get involved,' 'pay back,' 'make a difference.' That's exactly what they did.*

**T**HEY ARE WELL INTO THEIR 70S. The professors who taught them—even some of the campus buildings that were familiar to them—have long since disappeared from the scene.

But if you ask the Class of 1951 a single question—"What was the impact of Macalester on your life?"—their heartfelt, enthusiastic answers bring an era to vivid life: Political Emphasis Week, President Turck, the Mexican Caravan, Dr. Mitau, SPAN, Cosmopolitan Club, Dean Doty, the Little Theatre, WBOM, the Sweetheart Swirl.

The idea of asking their classmates about the influence of Macalester was the brainchild of **Don Wortman** of Albuquerque, N.M., **Clyde Eklund** of Woodbury, Minn., and **Sally Abrahams Hill** of Minnetonka, Minn. About 50 alumni and their spouses (who were often also alumni) attended an informal "forum" on the subject during Reunion, sitting in a large circle. The Rev. Hill, a Presbyterian minister who served as the informal moderator, began by saying: "It was a long time ago, but we know who we are and where we were. Tell us your short story."

And for 90 minutes they did, these retired or semi-retired teachers, ministers, business people, social workers, homemakers and community activists.

Wortman, who had a long and distinguished career in the federal government, cited the inspiration of Professors Ted Mitau and Huntley Dupre and President Charles Turck. "Macalester was a continuing link in my life, and I will never pay it back for what it did for me," he said.

Wortman and Hill are among the 11 members of the Class of '51 who have received the college's Distinguished Citizen Citation. The award is given by the Alumni Association to alumni who are leaders in civic, social, religious and professional activities and whose lives exemplify "unselfish and effective service to the community, the nation and the world." The 2006 recipients included **Ron Gustafson** and **Jessica Page Stickney** (see page 39). Stickney recalled that "Dr. Mitau was such an enthusiastic person for getting me to understand how I could make change for good in the world."

Like many others, **Dick Eichhorn** came to Macalester from a "very conservative background" in rural Minnesota. He went on to become a very successful entrepreneur, and he and his wife, **Mardene Asbury Eichhorn '53**, are major donors and led the college's last fund-raising campaign, Touch the Future. A former trustee, he received a Distinguished Citizen Citation in 1996. "I still have a great appreciation for this college and its faculty," he said. "If you're reaping the rewards from this society, you have the responsibility to give back."

**Dale Larson** of Ann Arbor, Mich., who was attending his first Reunion in 55 years, became a high school teacher of mathematics, chemistry and physics. Citing faculty such as Professors Shifflett, Camp and Steinberg, he said, "I ended up teaching because I wanted to be as good for students as the Macalester faculty was for me."



Sally Abrahams Hill was the informal moderator at a Class of 1951 forum.

**Cherie Lane Davidson** of Olympla, Wash., came to Macalester from Red Lake Falls, Minn., where her pharmacist father served as mayor and her teacher mother was active in the Red Cross. As a student, she was too busy studying to be a campus activist. But in Washington state she has been a volunteer lobbyist for the League of Women Voters and was elected to local county office. "I was a science major but the whole idea of Macalester seemed to be: get involved. The whole philosophy of Macalester was that you're a privileged person—you should pay back," she said.

**Bonnie Warren Conditt** of Waupaca, Wis., recalled the "international emphasis" at Macalester. "Because I had been [to the British Isles] on SPAN [Student Project for Amity among Nations], my hometown of Sturgeon Bay, Wis., invited me to speak about it to various civic organizations. And because of that, the Rotary Foundation gave me a scholarship for a year of study abroad [in Scotland] after graduation."

**LeAnn Martin Sullivan** came to Macalester from a high school in Minneapolis. She had a scholarship but for financial reasons "my father said, 'You can go one year and then it's secretarial school.' I worked my way through all four years.... I was thrilled to go to a college where everybody was excited about learning and people enjoyed talking about things after class. We would all go down to the Grille and talk." A retired teacher, she lives in Vadnais Heights, Minn.

**Pat Thomas Steffer** of Edina, Minn., said she "just absorbed" the atmosphere at Macalester, including such things as Political Emphasis Week and Experiment in International Living, which allowed her to live with a family in France. "This expanded my world." She has since helped foreign students and refugees. "One thing I learned was to stand up and speak out about things," she said.

**Merle Bendewald Gustafson** of LaCrosse, Wis., Ron's wife, echoed Steffer's and other remarks. She started her profession as a social worker at the age of 39—when their oldest son, Clark Gustafson '75, was a high school senior. She worked with battered women and abused children in the course of her 25-year career. "What I learned at Macalester was to give, to volunteer, to make a difference in your small corner of the world."

—Jon Halvorsen

**'Dr. Mitau was such an enthusiastic person for getting me to understand how I could make change for good in the world.'**

**'I ended up teaching because I wanted to be as good for students as the Macalester faculty was for me.'**



Participants included Jessica Page Stickney and Don Wortman.

PHOTOS: STEVE VOIT



## 2006 Honorary Degrees and Alumni Awards

*Macalester and the Alumni Association saluted 10 outstanding alumni at Commencement and Reunion*

### Honorary degrees

**William D. Bowell, Sr. '49** is a combat veteran of World War II, entrepreneur and riverboat captain. In 1970, he launched an excursion boat business on a nearly deserted Harriet Island in downtown St. Paul. The Padelford Packet Boat Company helped transform the riverfront. Because of his vision and determination, thousands of Twin Citians rediscovered the beauty and cultural heritage of the Mississippi. *St. Paul Pioneer Press* columnist Don Boxmeyer noted that the *Jonathan Padelford*—named for his 10th great-grandfather—is the most famous of 21 barges, restaurants, showboats, stern-wheel and side-wheel excursion craft, towboats, tugboats and runabouts that he introduced to the Mississippi. Paul A. Verret, president emeritus of the St. Paul Foundation, wrote: "Bill's love for the Mississippi River is renowned, both locally and nationally. He has been vitally instrumental in reshaping St. Paul's downtown riverfront over the past 30 years."

**Beverly Wildung Harrison '54** is Carolyn Williams Beaird Professor Emerita of Christian Ethics at the Union Theological Seminary in New York City, where she taught for more than 30 years. A scholar, brilliant teacher, pastor, preacher and feminist maverick, she has been a leader in feminist ethical Christian discourse. Her groundbreaking books include *Our Right to Choose: Toward a New Ethic of Abortion*, which remains the most substantive theological assessment of the morality of abortion in the last 20 years. Published in Spanish in Mexico City, the book has been used as a theological resource by Roman Catholic activists from a number of Latin American nations. A collection of her essays, *Justice in the Making: Feminist Social Ethics*, was published in 2004. She says that she is most proud of the more than 60 theological and religious studies professors she advised and who are still active in their fields.

**Charles Baxter '69** is the author of four novels, including *The Feast of Love*, a re-imagined *Midsummer Night's Dream* set in the college town of Ann Arbor, which was a finalist for the National Book Award. His most recent novel, *Saul and Patsy*, reintroduces two memorable characters from his earlier work and is regarded as one of his best books. Baxter has also written four books of stories, three books of poetry and two books of essays, including *Burning Down The House*. He has edited many books of criticism and contributed to dozens of anthologies of non-fiction, fiction and poetry. Baxter taught English at the University of Michigan from 1989 to 2002 and became the Edelstein-Keller Visiting Professor of Creative Writing at the University of Minnesota in 2003. See page 11.

### Young Alumni Award

**Chuck Szymanski '91** has worked to improve the lives of people from Bolivia to Zimbabwe by enhancing economic opportunities, and health care and prevention measures. As an intern for PRODEM, a nonprofit organization providing financial services to micro-businesses in Bolivia, he helped establish a bank serving poor people in Bolivia. In 1999 he joined Population Services International, headquartered in Washington, D.C. As deputy country director for Zimbabwe, Szymanski managed the New Start Voluntary HIV Counseling and Testing Network, building the organization from eight centers to 18 and instituting mobile outreach testing services. He now serves as senior manager of maternal and child health, where he is responsible for PSI's safe water programs in 14 countries and oral rehydration programs in 10 countries. Brian Berkopiec '91 says his friend is "dedicated to improving the lives of millions of women and children through better health care delivery and programming in developing countries worldwide."



Bowell



Harrison



Baxter



Szymanski



Price

### Catharine Lealtad '15 Service to Society Award

**Faye M. Price '77** is co-artistic producing director of the Pillsbury House Theatre in Minneapolis, a position that embodies many of her passions—acting, dramaturgy, producing and community service. She was a member of the Guthrie Theater's acting company before going on to become the Guthrie's dramaturge, providing social, historical and literary context for its productions. In 2000, Price was selected as co-artistic director of the Pillsbury House Theatre, a professional, multicultural company housed in an inner-city neighborhood center. She has co-produced mainstage shows including *Angels in America* and *Jesus Hopped the 'A' Train*. In Pillsbury's Chicago Avenue Project, theater professionals work one-on-one with inner-city youth to create an original play. Penumbra Theatre's Lou Bellamy called her "a world citizen who has enough experience and knowledge to contextualize a drama, enough discernment to know what a good play is and enough intelligence to see her way around a script."





Gustafson



Stickney



Johnson



Paulus



Duncan

## Distinguished Citizens

**Ronald C. Gustafson '51** has served in ministry across the Midwest and now in his Arizona retirement community for 40 years. His leadership is the quiet kind that generates innovative solutions to problems, builds community and knits a safety net beneath the most vulnerable. While serving in Huron, S.D., he brokered a deal that saved an essential community institution, Huron College. The college was in serious financial difficulty, and he convinced the church to mortgage its own property and give the proceeds to the college. The mortgage was paid, the college served the community for another 30 years and Gustafson was awarded an honorary degree by Huron College for his service to college and community. "I never met a person who didn't like Pastor Gustafson," wrote Charlie Herrmann '52. "Ron has generated renown as someone who is caring, amenable, friendly, patient and overflowing with Christian kindness."

**Jessica Page Stickney '51** has stepped forth to serve in nearly every realm of her community, in the spirit of her mentors, who include President Charles Turck and Professor Theodore Mitau. She was elected to the Montana Legislature and served for more than a decade on the Montana Council for Families, working to end child abuse. An arts advocate, she served on the Montana Arts Council. Elected to the Miles City School and Community College boards, she now serves on the National Advisory Council of Rocky Mountain College. She volunteers as a reading tutor and has provided leadership to Headstart and organizations serving youth, foster parents, the aging, and families and children dealing with developmental disabilities. Classmate Don Wortman wrote, "If he were here today, Ted Mitau would be immensely proud of Jessica Page Stickney."

**Charles N. Johnson '56** has helped families achieve better lives through his work in international family planning and health. Advancing from intern to chief of the Health, Population and Nutrition Division of the Asia and Near East Bureau, he provided policy, technical and management guidance through the U.S. Agency for International Development. During his four-year stints in Indonesia and Chile, those countries saw dramatic success in slowing population growth. Following his USAID service, Johnson worked as a consultant designing population and HIV/AIDS programs for Bangladesh, Cambodia, the Dominican Republic, Egypt, Guatemala, Mozambique and the Philippines. He designed and evaluated programs to assist people injured by landmines under the USAID-managed War Victims Fund. Classmate David Bebb Jones wrote, "Devoted to the health and welfare of women and families, he has put into lifelong practice the principles of political science and history learned at Macalester."

**Stephen H. Paulus '71** is the composer of more than 300 works in genres including orchestra, chorus, chamber ensembles, solo voice, keyboard and opera. He has served as composer in residence for the orchestras of Atlanta, Minnesota, Tucson and Annapolis, and his work has been commissioned by the New York Philharmonic, Cleveland Orchestra and St. Paul Chamber Orchestra. He has become one of today's most respected and enjoyed composers of opera. His *The Postman Always Rings Twice* was the first American production to be presented at the Edinburgh Festival. His choral works have been performed and recorded by the most beloved choruses in the country including the Dale Warland Singers, the Robert Shaw Festival Singers and the Mormon Tabernacle Choir. Paulus is esteemed by fellow composers, not only for his music, but for co-founding the Minnesota-based American Composers Forum, the largest composer service organization in the world.

**Melvin E. Duncan '72** helped to found Advocating Change Together (ACT), an organization through which people with disabilities lobby on their own behalf. He co-founded the Minnesota Alliance for Progressive Action, to work on economic and social justice, the environment and human rights. He studied grassroots organizing and spirituality, ending at a monastery in France, home to peace activist Thich Nhat Hanh. There Duncan first envisioned a global peaceforce. Working with co-founder David Hartsough, they inaugurated Nonviolent Peaceforce, and soon sent the first peaceforce to Sri Lanka, site of a 20-year civil war. At the personal level, Duncan and his wife, Georgia, have formed an extraordinary family of eight adopted children who came from circumstances of great challenge. Philosophy Professor Henry West wrote of Duncan, "He is one of my heroes for his work on world peace abroad, on social justice issues at home and as a loving parent." ●

## Alumni are invited...

**TO NOMINATE CANDIDATES** for an honorary degree, Distinguished Citizen Citation or Young Alumni Award. You may do so online: [www.macalester.edu/alumni](http://www.macalester.edu/alumni). Or call the Alumni Office: 651-696-6295. The deadline for the 2007 alumni awards is Sept. 25.



## MAKING A DIFFERENCE

### Twin Cities Habitat for Humanity

has built more than 600 homes, providing safe, decent and affordable housing for more than 3,000 individuals. They include the Ururshe family (pictured at right), who recently closed on a home that was completed in part by volunteer efforts from Macalester students and the Twin Cities Campus Chapters. TCHFH relies on volunteer labor, donated materials and contributed funds. It charges no interest on the homes that it sells. Families who purchase Habitat homes are selected based on need, ability to repay the zero percent mortgage and willingness to partner.



Susan Haigh '73



**Susan Haigh '73** is president of Twin Cities Habitat for Humanity. She is also a Macalester trustee and donor. "At Macalester, I found demanding classes, great professors and engaged classmates—and an environment that encouraged me to learn not just by being in the classroom, but by connecting with the community. Interning at the State Office of Consumer Affairs; lobbying for a 'ban the can' bill at the Minnesota Legislature; serving as a teacher's aide in a junior high social studies class; protesting against the Vietnam War; and helping kids learn to read in a church sponsored after-school program were all part of my Macalester experience.

"As a student, I learned I could truly make a difference in my world. I continue to love and support Macalester because the students I meet have this extraordinary intelligence and creativity and the passion to use these gifts to transform the world."



**When you support Macalester  
you support important work everywhere.**







## Mac family pride



New graduate **Alvin Garcia** (Santo Domingo Pueblo, N.M.), back to the camera and in inset, is the focus of his family's attention at Commencement in May. See pages 10 and 11.

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